

Program Registration Form

Family Matters
Warrnambool: Saturday, 22 July

Either register online:
www.2017familymatters.weebly.com
or fill in this form and post it to

Att: Djurdja Klaric, PO Box 121, Ballarat, VIC 3353

Last name: _____
First name: _____
Email address: _____
Mobile number: _____
Emergency contact: _____
Emergency phone number: _____

Venue: St Pius Primary School, 32 Hoddle St Warrnambool

Please tick to acknowledge the below arrangements:

Arrive at 9am for a 9.30 start
Venue address: St Pius, 32 Hoddle St, Warrnambool
Wheelchair accessibility is available

Dietary requirements- please tick below:

I have no dietary requirements
Diabetes
Gluten free
Vegetarian
Vegan
Other: _____

Please tick three workshops only below:

By nominating three, we will be able to ensure that the two workshops you ultimately attend come from your selection.

Building trust/listening
Enriching family relationships
Keeping children the focus in blended families
Tuning in to kids
Family violence
Having the suicide conversation
I will not be attending the workshops

I am willing to receive an online evaluation form via email within one week of the forum: Yes No



This forum is hosted by the Social Justice Commission of the Catholic Diocese of Ballarat together with Centacare. Taking part in a range of workshops are designed to offer support in strengthening respectful relationships, personal growth, and discovering various avenues of support.

Anyone over the age of 18 is welcome to attend.



Family Matters

Strengthening Respectful Relationships



Fr Frank BRENNAN, SJ, AO, a renowned Jesuit priest and lawyer, and CEO of Catholic Social Services Australia (see image above), will provide the opening address for a forum focused on 'Family Matters'.

A range of workshops are provided before we conclude with a closing panel session. Questions and exploring next steps from the panel may empower your community, family, parish, and/or school in relation to family matters.

FREE Event

St Pius Primary School, Warrnambool
Saturday, 22 July 2017

Register: www.2017familymatters.weebly.com

Registrations Close 17 July 2017

Warrnambool Event Program Information

Family Matters

Strengthening Respectful Relationships

FREE Event

Warrnambool Event: Saturday, 22 July 2017

Register: www.2017familymatters.weebly.com

Registrations close 17 July 2017

Venue:	St Pius Primary School 32 Hoddle St, Warrnambool
9:00 am	Arrival- Registration
9:30 am	Welcome, Reflection, Fr Frank Brennan
11:00 am	Morning Tea
11:30 am	Workshop Round 1
12:20 pm	Workshop Round 2
1:10 pm	Lunch
1:45 pm	Panel- Questions, Future Pathways of Support
2:30 pm	Concludes

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Future Event

Mildura: Saturday, 26 August 2017

Visit www.2017familymatters.weebly.com

Family Matters

Strengthening Respectful Relationships

WORKSHOPS

Having the Suicide Conversation

As a society we have moved a long way from suicide being a taboo subject and an illness which only trained experts can deal with. This session will include research which shows timely conversation can prevent self-harm and lead to meaningful support being gained. When some one is experiencing feelings of self harm, self doubt and suicide, they will often turn to those they trust the most to talk about their feelings. We do not have to be trained experts to lead those we care for, to the support they need.

Family Violence

Dealing with family violence is a social priority in Australian society. Those who attend this session will hear from practitioners from Victoria Police. It will explore family violence, its causes and various responses. The session will provide its audience with both the theory and practical aspects of the family violence continuum.

Enriching Family Relationships

Family history plays a significant role in how we learn, grow and relate in the world. However, we rarely take the time to focus on the lessons we learnt growing up and how we have carried these into our daily lives. This session will encourage participants to consider the lessons from the past - the strengths we have developed, patterns of communication, managing emotions and things we would like to change in the future.

Keeping Children the Focus in Blended Families

Following a family separation it is challenging for adults to manage the many emotions they are experiencing, and to stay focused on their children's experience. However, research tells us clearly that when parents are able to focus on their children's experience and consider their feelings and wishes, the outcomes for the children are a lot more positive. This session will focus on why it is important to "walk in children's shoes" during family breakdown, how children can inform the decision making process and the impact on their wellbeing into the future.

Building Trust / Listening

This is a practical workshop concentrating on the crucial skills of paying attention and building trust in the family.

Tuning into Kids

Those who attend this session will have a sneak peek into the research that informs the importance of "tuning into" our emotions as a parent as a way of becoming positive role models for our children. Emotions impact the behaviours of adults and children of all ages, to varying degrees, all through our lives. If we are to raise emotionally intelligent children we are encouraged to take some time out to consider our own emotions and the impact they have on our behaviours.

For enquiries, please contact: Tony Haintz or Danielle Peters by email: social.justice@ballarat.catholic.org.au

Alternatively, call Djurdja Klaric at the Bishop's Office to register via phone: 5337 7121