



*God of hope,  
As we prepare for Christmas,  
help us to take the time to open our  
hearts to others and to new opportunities.  
To stop, listen and wait purposefully in your  
love, resisting the pressure to do more and buy  
more by living more simply and sustainably.  
May we recognise the talents you have given  
each of us and seek the opportunity  
to be a light to others:  
offering a message of hope.  
Amen*