

## THE SEASON OF LENT

Shrove Tuesday is an ancient religious festival day held on the day before Ash Wednesday, the commencement date of Lent. Throughout the forty days of Lent people are called to fast and pray. During Lent, certain foods can be given up, such as eggs, milk, meat, sweets and rich buttery dishes. So it was on Shrove Tuesday, families ate all of the rich foods left in their pantries. One way they used up the eggs, milk and fats in the house was to make special pancakes. The name "Shrove Tuesday" comes from the custom of ringing the "shriving bell" to summon the people to church to be "shriven"; that is, to confess their sins at the beginning of Lent.



On Tuesday, February 28, both the Year 8 Mercy Action Group and Enright Mercy Action Group sold pancakes at recess. All money raised went to Project Compassion. A special thank you to the students and our staff chefs Hayden Collins, Rebecca Miller, Rebecca Kilpatrick, Cheryl Hartshorn, Deb McKinnon, Samantha Hoyle and Julia Lewis for their hard work.

Students attended Ash Wednesday liturgies at both campuses on March 1. They were led in the liturgies by Fr Mick McKinnon and Fr James Kerr. Students and staff received ashes as a sign of a personal desire to improve ourselves during Lent as they focus on making this a time of thinking about others and sharing of resources through Project Compassion.



St Joseph's College Mercy Action Groups from both Campuses endeavour to raise both awareness and funds for Caritas Australia's Project Compassion Campaign during this five-week period, in support of Caritas Australia's aims of justice, peace, equality and hospitality for all. Both the Mercy Campus and Enright Campus Mercy Action Groups raise awareness of Project Compassion through bulletin notices, posters, morning prayer and assembly presentations. While in Religious Education classes students visit Caritas Australia's website to learn about its work in Australia and abroad through real life case studies.

The theme for Project Compassion 2017 is "Love your neighbour". This year, Project Compassion demonstrates how love for our neighbours can transform lives. For more than fifty years, Caritas Australia has been privileged to work together with our neighbours – our most vulnerable sisters and brothers in First Australian communities and in many other countries. Working with our partner agencies in those

communities, we have developed the strength to combat poverty, promote justice and uphold the dignity of every person. Throughout Project Compassion 2017, inspiring stories from the Philippines, Timor-Leste, Australia, Vietnam and Fiji will be shared, highlighting the importance of working hand in hand with communities around the world. Throughout the Lenten Program, staff and students are encouraged to donate money each morning through the project compassion money boxes.



*Dr Tony Finn – Deputy Principal, Miss Paula Cox - Faith and Mission Co-ordinator, Mr Philip Opie - Religious Education Domain Leader*