

Shannon McKnight

25 Nov 1996 ~ 3 Mar 2016

*"I'm glad I decided to stay home,
I'm comfortable and I love you"*



Shannon and father Jeremy loved watching lightning storms from their beautiful Victorian home.

This is where she wanted to be.

Connecting Shannon and her family with help and services was vital to help make her wish of staying home to die a reality.

What does a Volunteer need?

- ✓ Ability to be sensitive & respectful
- ✓ Awareness of confidentiality
- ✓ Good communication skills
- ✓ A sense of humour
- ✓ Non-judgmental approach
- ✓ Willingness to engage in training

Want more information?

Shannon's Bridge welcomes interest and questions from members of the public, other volunteer groups, faith or spiritual groups, community organisations, service providers, a local government, health services, educational institutions.



Contact



Director Jeremy McKnight 0448 827 956



shannonsbridge@gmail.com



www.shannonsbridge.com



www.facebook.com/shannonsbridge



Connecting patients and families with services to help with home based care at end of life.

Shannon's Bridge is a new, not for profit organisation to help connect patients and existing palliative care services and supports.

We are here to support you with issues about illness, dying and loss.

The aim is to remove the taboo and change attitudes about death and dying. The focus is on not just a "good death" but "better living".

Shannon's Bridge is based on the "*Compassionate Communities*" international movement to help people to live well within our communities to the very end of our lives.



"But what can I do?"

Most have experienced the feeling of helplessness when we hear about a member of our community who is critically ill.

People want to help but often we don't know how.

Shannon's Bridge aims to

- Improve death literacy
- Assist with Advance Care Plans
- Link families with local services
- Train volunteers to provide help

Social & practical help might include

- ✓ Shopping
- ✓ Collecting medications
- ✓ Transport
- ✓ Light gardening, housework
- ✓ Small household repairs
- ✓ Sitting with a patient
- ✓ Assisting with pets
- ✓ Writing letters, non-legal forms
- ✓ Just being there as a friend

Shannon's Pack



A combination of emergency symptom control equipment & instructions to deliver the care and support for patients and families.

The first pack was created when Shannon needed the contents to help make her comfortable at home when she was dying. We are sending the packs out to GPs across Victoria.

Donations welcome

gofundme.com/2825bdje