

ROCKING AND ROLLING AT ANY AGE

On Tuesday, August 20, residents from Sunnyside House Camperdown came to Mercy Regional College in order to present what has been eight weeks in the making. A dance event where all residents, despite their mobility, and the Year 10 students, who were caring partners, were involved. The students guided their dance partners in wheelchairs through flowing moves to some of the great rock and roll dance hits.

Instructor Michael Brebner patiently trained the students to follow intricate dance moves which saw the Sunnyside House residents glide with grace and ease over the dance floor. Residents and students were dressed to impress in period dresses, ruffled petticoats and stylish shirts. Smiles abounded and as the tune of the 'rock n roll waltz' floated across the room, residents and students completed turns and spins reminiscent of the wonderful dance era of the 50s and 60s which is still so popular today.



The Dance was part of the *Christian Outreach Program*, an integral part of the Religious Education Curriculum at the Year 10 level. Students spend one afternoon a week for up to ten weeks, visiting various residential Aged Care facilities, Cooinda, Vinnies Shop and Senior Day Centres in Terang, Camperdown and Cobden. They engage with community members of all ages and learn not only to be more at home in these environments, but to develop relationships without age or ability barriers.

Jo Saunders – Mercy Regional College

