

## A PRAYER IN THIS TIME OF DISTRESS - Paul Bird CSsR, Bishop of Ballarat

O God, healer of all our ills, to whom we turn in this time of distress, grant we pray in the power of faith, eternal rest to the dead and comfort to those who mourn, health to the sick and peace to the dying, strength to the medical workers, wisdom to our leaders and a spirit of kindness to us all. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever Amen.

### Keeping Sunday Holy—The Lord's Day—Watch and Pray

#### Television

1. Channel 9 Sunday 6 am Mass for You At Home

#### On-Line

2. a). Saturday Vigil 5.30 pm—"Mass on Demand" <http://bit.ly/MassOnDemand>
- b) throughout Sunday on <http://melbournecatholic.org.au/Mass>
- c) St Joseph's from Sunday 8.30 am on Facebook—St Joseph's Warrnambool
- d) Cathedral Melbourne—Sunday at 11 am, and Daily at 1pm
3. Pray as a Parish Family, between 5pm and 6pm on Sunday, Our Father and 10 Hail Mary, Meditate on **The Resurrection of Jesus**.
4. Hymns of Praise, Sunday 11.30 am on ABC

### THE HOLY CROSS

#### The Stations of the Cross

We adore You O Christ and Praise You Because by Your Cross You have Redeemed the World

First Station: Jesus is condemned to death

Second Station: Jesus receives the Cross

Third Station: Jesus falls the first time

Fourth Station: Jesus meets his Mother

Fifth Station: The Cross is laid upon Simon of Cyrene

Sixth Station: Veronica wipes the face of Jesus

Seventh Station: Jesus falls the second time

Eighth Station: The women of Jerusalem mourn for Jesus

Ninth Station: Jesus falls for the third time

Tenth Station: Jesus is stripped of his garments

Eleventh Station: Jesus is nailed to the Cross

Twelfth Station: Jesus dies on the Cross

Thirteenth Station: Jesus is taken down from the Cross

Fourteenth Station: Jesus is placed in the sepulchre

### STATIONS OF THE CROSS

Composed by late Rt Rev. Mgr John Cullen

I In Pilate's court, the Christ-King hears A sinful ruler's stern decree: "Now take Him to be crucified On Yonder Hill of Calvary".

II O Lord of Mercy, hear our cry: In sorrow pardon we implore. Our sins have laid a heavy load Upon those shoulders, bruised and sore.:

III The Saviour falls. What tongue can tell The bitter agony of pain! The Chalice must not pass away—For us He lifts the Cross again.

IV The Virgin-Mother meets her Son. Is that the Babe of Bethlehem? Mocked, scourged, derided and despised; A crown of thorns his diadem.

V Dear Lord, let us Thy burden share; We are so blind; Oh, make us see What means Thy holy word of life: 'Take up your cross and follow Me.'

VI Deliver us from evil, Lord. Preserve our souls from sinful stain; God stamped his sacred Image there; And there by grace it will remain.

VII Our falls are grievous, loving Lord: We often wander far from Thee. But every day we hear Thy Voice: "Arise once more, and come to Me."

VIII 'Weep not for Me.' the Saviour pleads: 'For thoughtless sinners weep and pray; 'They drive the nails: they press the thorns. For them I die this very day.'

IX Christ falls once more. Now see Him rise To fix His eyes on yonder hill, Where He will hang upon a Cross, Submitting to His Father's will.

X Pure Lamb of God, forgive our sins, And clothe our souls with Faith and Grace: So may we walk with Thee in life Until we see Thee face to face.

XI The Son of God is lifted up That all His faithful friends may see Their King, their Prophet and their Priest, For time and for eternity.

XII Disciples fled; all nature mourned; But enemies still lingered there, 'Forgive them Father,' said a Voice, It was the Saviour's dying prayer.

XIII 'Behold your Mother,' spoke the King; his Cross was now a royal throne. We thank Him for this parting gift His Virgin Mother is our own.

XIV Oh death—Where is your victory? Oh death—Where is your mortal sting? The Crucified will rise again In glory—An Eternal King



"I AM THE WAY,  
THE TRUTH, AND THE LIFE"  
JN 14, 18.

Our Lady Help of Christians Parish  
East Warrnambool - Allansford  
'A Star in the East'



### PARISH BULLETIN

Palm Sunday — 5th April 2020

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OLHC Primary School: Eugene Dalton - Phone 5562 5559  
[www.olhcwarrnambool.catholic.edu.au](http://www.olhcwarrnambool.catholic.edu.au)

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

**Recent Deaths:** Philip Lynch, John Carvalho, Pat Dwyer, Mavis Finnigan, Colin Millard, those who have died from the Coronavirus, Sister Celsus SJG, Dan O'Keefe

**Anniversaries:** Teresa Howard, Sisters Giuseppe Darmody and Christina Watt, Fathers Delahenty and Linane.

#### The Word of God:

This Week: Mt 21: 1-11 Mass: Is 50: 4-7 Phil 2: 6-11 / Mt 26:14-27:66

Next Week: Acts 10:34. 37-43 / Col 3:1-4 / Jn 20:1-9

**Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533**

**Next Sunday is Easter Sunday**

**Channel 7 and on Prime 7** Good Friday's Lord's Passion at 3pm.

Easter Sunday at 10.30 am

**Today is PALM SUNDAY** place a green branch on your door or in your window—perhaps decorate with Red. **Hosanna. Save Us Lord.**



#### A Prayer for the Plenary Council

Blessed are you, God of all creation. You have given us life and light and all the wonders of the world. You have sent your Son Jesus to be our Saviour and your Holy Spirit to be our guide.

As we prepare for the plenary council, we ask you to come into our hearts with your Son and Holy Spirit. Come to us and make your home in us.

We pray for our local community, for the people of our diocese and for the Church throughout Australia.

May your wisdom show us the way, for your word is a lamp for our feet and a light for our path.

Come and fill the hearts of your faithful and kindle in us the fire of your love, and we live by your gospel and share your good news with all we meet.

Holy Mary, Mother of our Saviour, pray for us. St Mary MacKillop, pray for us.



**Red is the colour of Blood,  
the Holy Spirit, of Fire  
and of Royalty**

**Our Lady Help of Christians East Warrnambool is a Child Safe Parish**

**A LETTER FROM THE CATHOLIC BISHOPS OF VICTORIA—18th March 2020**



Prayerful greetings to the people of God across Victoria, All of this is happening during the Season of Lent, a time of preparation for the Easter mysteries. While we are invited to be self-sacrificial at this time, we must remember the words of Jesus upon appearing before his disciples after his resurrection: Again and again he said ‘peace be with you.’ (Jn 20:19) Let us not panic, nor be anxious, nor reduce ourselves to caring only for ourselves. This is a time to be sensible, practical, prayerful, and to share Christ’s peace with those who are struggling to feel calm and safe. Thank you for all your patience, prayers and resilience.

‘... We find ourselves afraid and lost. Like the disciples in the Gospel we were caught off guard by an unexpected, turbulent storm. We have realised that we are on the same boat., all of us fragile and disorientated, but at the same time important and needed, all of us called to row together, each of us in need of comforting the other. On this boat . . . are all of us. Just like those disciples, who spoke anxiously with one voice, saying “We are perishing” (v.38), so we too have realised that we cannot go on thinking of ourselves, but only together can we do this...’  
- Pope Francis, Text at Urbi et Orbi Blessing, 27 March 2020

**Father Lawrie’s Mass Intentions** this week are for  
—The Sick and Elderly, Doctors, Nurses, Staff in our Nursing Homes, our Families, and the Parish Families, for the Forgiveness of Our Sins and our Deceased.  
— Those who are good to us, for the Extermination of the Coronavirus, and for those facing economic hardship and for Our World. For Peace among us.

**“We have all known the long loneliness, and we have found that the answer is community.” – Dorothy Day**

**Palm Sunday of the Passion of the Lord**  
THE FORGIVENESS OF SINS.  
We see ourselves in the crowds who cried “Hosanna to the Son of David” one day and “Crucify him” just a few days later. Like Peter and the other disciples we can be fickle followers of Jesus. We should not, however imitate Judas and despair at our infidelity. Rather, we should look to Jesus who allowed his blood to be poured out for many “for the forgiveness of sins”. Let us praise him with grateful hearts.  
**On this day the Church recalls the entrance of Christ the Lord into Jerusalem to accomplish his Paschal Mystery**

I hope you are keeping well in this very unusual time of coronavirus. While we cannot postpone the celebration of Easter Triduum, we can postpone the Chrism Mass. In our diocese, the Chrism Mass has a particular strong communal element, drawing together people from all around the diocese. Not only does this gathering include a renewal of commitment to ministry by our priests. We also include a renewal of commitment to all the varied ministries that serve our diocesan community. So, it seems appropriate to postpone Chrism Mass till later in the year when we might be free to have our usual diocesan-wide gathering. I propose the Chrism Mass to about six months time, when I would hope that restrictions because of the coronavirus will have been lifted. Following our usual custom of celebrating the Chrism Mass on a Monday evening, **I propose we celebrate the Chrism mass this year at 6.30 pm on Monday September 21st**, the feast of St Matthew, apostle and evangelist. God bless you all.  
**Paul Bird CSsR, Bishop of the Diocese of Ballarat (26th March 2020)**

*The most wonderful places to be in the world are: In someone’s thoughts. Someone’s prayers. And in someone’s heart.*

**PARISH LIFE—LIFE TO THE FULL**

**OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.**

**WELCOME TO OLHC & ST. CARTHAGE** In imitation of Jesus Christ, we welcome all people to worship and celebrate God’s all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

**Our Parish Vision** *“Bringing People together in an atmosphere that is welcoming, nurturing and challenges all to share in the Mystery of God’s Love.”*

**Spend everyday with the saints.** *“Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me.”* (St Patrick; 17 March)

**Worth Watching** “Songs of Praise” Sundays 11.30am on ABC1.

**View ABC1 Compass** 11am Sundays.

**Lent Reflections** on the Sunday Gospels of Lent **“Grace”** are being organised by Dion Bartlett on **Wednesday** commencing at 7.30pm and by Sister Marie Mansbridge on **Wednesday** at 10am. Both will be in the Meeting Room.

**Today is WORLD YOUTH DAY**

**Emmanuel College 2021 Enrolment Now Open Close 24th April**

**Adult Education Online** Sacraments Scripture, Youth Ministry, Liturgy Leadership and more. Three weeks courses begin 19th April. Registrations close 7th April.

Information [www.ballarat.catholic.org.au](http://www.ballarat.catholic.org.au) on 0407 533 424, Kim Butler.



**Kindness is a language the blind can see and the deaf can hear**

**Thursday Evening Scripture**

John 13:34 I give you a new commandment: love one another as I have loved

**“God, you are a fire that consumes all the selfish love that fills my being. You are a fire that takes away the coldness, illuminates my mind, and causes me to know your truth.” St Catherine Siena (29 April)**

**Holy Saturday**

Something strange is happening—there is a great silence on earth today, a great silence and stillness. The whole earth keeps silence because the King is asleep. (Ancient Homily)

**Project Compassion—Week 6: Papua New Guinea**

Dominic, 47, is a father of six from Papua New Guinea. In 2016, he became involved with Caritas Australia’s partner, Centre of Hope who runs safe house and family anonymous programs and turned a difficult life and an unhappy relationship around.

If you wish to give to our **Parish Finances** via bank transfer:  
BSB: 06 3533 Acc. No: 0090 3353  
Ref: Planned Giving

**April Popes Intention for**

**Freedom from Addiction**

We pray that those suffering from addiction may be helped and accompanied.

**Prayer of Intercession**

We pray for all those affected by gender-based violence. May we continue to support organisations like Caritas Australia who are working to build lasting peace within families and within communities

**Marriage Tip:** Would your spouse describe you as a good listener? If you’re not sure, humbly seek out their opinion, and be willing to grow.

**“In our families we learn to recognise the dignity of all.” Pope Francis**