



23rd August 2020
TWENTY-FIRST SUNDAY
IN ORDINARY TIME
The Keys of God's Kingdom

Prayer Thought: The Church has been entrusted with the 'keys' of God's kingdom so that it may show the door of salvation to all peoples. We pray for its missionary work of preaching the Good News of our loving and all-embracing Father.

ENTRANCE ANTIPHON

Turn your ear, O Lord, and answer me; save the servant who trusts in you, my God. Have mercy on me, O Lord, for I cry to you all the day long.



COLLECT

O God, who cause the minds of the faithful to unite in a single purpose, grant your people to love what you command and to desire what you promise, that, amid the uncertainties of this world, our hearts may be fixed on that place where true gladness is found.

RESPONSORIAL PSALM

Lord, your love is eternal; do not forsake the work of your hands.

GOSPEL ACCLAMATION

Matthew 16:18

Alleluia, alleluia!

You are Peter, the rock on which I will build my Church; the gates of hell will not hold out against it. Alleluia!

PRAYER OVER THE OFFERINGS

O Lord, who gained for yourself a people by adoption through the one sacrifice offered once for all, bestow graciously on us, we pray, the gifts of unity and peace in your Church.

COMMUNION ANTIPHON Cf Psalm 103:13-15

The earth is replete with the fruits of your work, O Lord; you bring forth bread from the earth and wine to cheer the heart.

PRAYER AFTER COMMUNION

Complete within us, O Lord, we pray, the healing work of your mercy and graciously perfect and sustain us, so that in all things we may please you.

A soft and easy life is an illusion; we live only when we know God. Grant that we do not reach out for the whole world and let go life itself.

STAY KIND

May You

- May you fall into your own arms.
- May you speak the words you need to hear.
- May you have gratitude with each breath.
- May you build your dreams with faith.
- May you embrace your soul with kindness.
- May you bring wisdom from your past.
- May you choose peace instead of anger.
- May you see the light in your darkest night.
- May you stumble upon yourself when lost.
- May you uncover courage beneath these fears.
- May you accept mistakes with humility.
- May you practice forgiveness to heal wounds.
- May you see the beauty of your imperfections.
- May you find love within your own heart.



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The Australian Catholic Bishops have published a Social Justice Statement, titled " **To Live Life to the Full: Mental Health in Australia Today.**

The Statement calls us to invite all people to an abundant life that engages the whole self physically, psychologically, and spiritually. It acknowledges that God created us out of love and for love to live life to the full in community. It examines how our social, economic and cultural life can be welcoming and inclusive of those who live with mental ill-health. It also offers ways of supporting people when they are most vulnerable, and it explores how to sow hope and opportunities for all people to thrive in body, mind and spirit.

God of compassion and accompaniment, in your loving kindness, grant mercy and healing to all who suffer mental ill-health. We ask that you bring all your people to fullness of life with you, through Christ, Our Lord. Amen

He belongs to you, but more than that, he longs to be in you, living and ruling in you.

- St John Eudes



"The more we receive in silent prayer, the more we can give in our active life."
St Teresa of Kolkata.



Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'



PARISH BULLETIN

21st Sunday in Ordinary Time—23rd August 2020

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Child Safety Officer—Dion Bartlett 0458 778 935

**"I AM THE WAY,
 THE TRUTH, AND THE LIFE"**
JN 14, 18.

PEACE TO ALL WHO ENTER HERE

Recent Deaths: Arthur Paton, Luciano (Luci) Gomes, Margaret O'Brien, Samantha Casmento, Father Michael Wheeler, Dennis O'Malley, Father Walter SDB (Timor Leste) and Joseph Bonnett

Anniversaries: Trevor Nelson, Zelma Carroll, Norman Suhan, Les Jones, Dom Helder Camara, Ivan Clark, Our Deceased Vietnam Veterans.

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God:

This Week: Is 22: 19-23 / Rom 11:33-36 / Mt 16: 13-20

Next Week: Jer 20: 7-9/ Rom 12: 1-2 / Mt 16: 21-27

Rom Taking Place This: Week:

Monday— St Bartholomew

Tuesday— St Louis

Thursday— St Monica

Friday—St Augustine

Saturday— The Passion of St John The Baptist, International Day Against Nuclear Tests

Sunday—Social Justice Sunday



STAY SAFE & CONNECTED

O.L.H.C—A FAMILY FOR LIVING

Farewell and Thanks to Greg & Teresa Walsh (Cudgee) who have moved to Winchelsea. We hope to have a farewell from St Carthage's Allansford as soon as we can. We appreciate their friendship, Proclaiming the Word of God and preparing our Church. God Bless their new home.



Today is the Twenty First Sunday in Ordinary Time. The Sunday Lectionary Readings are from Year A. The Weekday readings are from Year 2. The Liturgical Colour is Green.

"God is good and has brought light and help when all was very dark"
St Mary MacKillop, 1899

Thanks to Parishioners who generously bring to the Presbytery Planned Giving and Financial Support. **Thanks** to the Direct Givers

Green is the colour of hope and growth

Our Lady Help of Christians East Warrnambool is a Child Safe Parish

Sunday —The Lord's Day

Mass on Television: 6 am—Channel 10 WIN TV & 10 am—FOX

Mass on Line:

Saturday, 5.30 pm “Mass on Demand North Sydney” (available then throughout Sunday) 8.30 am, from St Josephs Warrnambool on Facebook—St Josephs Warrnambool.

Evening Prayer, Meditating on the Resurrection of Jesus From the Dead.

Our Parish Family Prays **at Home** between 5—6 pm—The Lord's Prayer; 10 Hail Marys, 1 Glory Be. Alleluia.



THE LORD'S DAY

SOCIAL JUSTICE SUNDAY

We celebrate Social Justice Sunday on 30th August. This year, the Australian Bishops' Social Justice Statement is titled: To Live Life to the Full: Mental Health in Australia Today. The COVID-19 pandemic is affecting the mental health of many members of our parishes, schools and communities. Understanding mental health will help us to be aware of those who need our support. The Bishops invite us all to reject stigmatisation, to work for the transformation of social determinants of mental ill-health, and to call for policies and service provision that meets the needs of the poorest and most marginalised members of our community. Download the Statement at <http://bit.ly/SocialJustice2020>.

The 7-word Prayer Pope Francis learned from his grandmother
“Jesus, make my heart more like yours.”

**TO LIVE LIFE TO THE FULL
Mental Health in Australia Today**

Jesus, you invite us all into the fullness of life. May we support one another to flourish in body, mind and spirit. Strengthen our commitment to ensure that nobody falls through gaps in our system of care.

People call you mad. Help us to recognise you in those who suffer mental ill-health today. Show us how to eliminate stigmatisation of mental ill-health from our parishes, schools, communities and organisations.

You drew near to those who were suffering in body or mind. May we too feel your nearness when we struggle with mental health challenges. May we be one as members of Your Body.

You invite us to share in your ministry of love and true compassion. May we be empowered by your Spirit to reach out to all people in need. May we build communities of welcome and inclusion. Amen.

A prayer for Healthcare Workers during this time of the Coronavirus COVID-19

Loving God,
We place into your care
All our doctors, nurses and healthcare workers.

Give them courage of heart and strength of mind and body.
Keep them safe from harm.
May they know our deep gratitude
For all they are doing to heal and help those affected by the coronavirus.

God of all consolation
May they know your protection and peace
Bless them in these challenging days
And bless their families.
Amen



What can I Say

What can I say that I have not said before?
So I'll say it again. The leaf has a song in it.
Stone is the face of patience.

Inside the river there is an unfinishable story and you are somewhere in it
And it will never end until all ends.

Take your busy heart to the art museum and the chamber of commerce
But take it also to the forest.

The song you heard singing in the leaf when you were a child. Is singing still.

I am of years lived, so far, seventy-four, and the leaf is singing still.
Mary Oliver



We who desire nothing but God are rich and happy - St Alphonsus

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST. CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

OLHC A Missionary Parish. A joyful, hope filled and servant community

Worth Watching

View ABC1 Compass 11am Sundays. “Songs of Praise” Sundays 11.30am on ABC1.

Keep up to date with news in the Diocese.

Register for Diocesan E News enews@ballarat.catholic.org.au

If we do not have **your email address** please forward it to olhcwbl@bigpond.net.au to receive Parish Bulletins

Bishop Paul has appointed Fathers Fitzgerald and Corrigan to the New Parish comprised of St Joseph's, St Pius, Dennington, Koroit and Port Fairy. The new parish will function from 2021 when Father Linehan retires, Fr Fitzgerald will be Moderator.



Mental and Emotional Support Line 1800 965 144

Plenary Council Update. The journey to the Plenary Council 2020 continues. While it's in a context more different than we could have ever expected, the need to pray, discern and listen to the Holy Spirit and each other is more important than ever.

Discernment Papers: The six discernment papers have been released and are available to read. The National Plenary Facilitation Team will soon release resources to assist parishes and communities to explore each of the papers. Here in the diocese, we will endeavour to look at one paper for a month. For the month of August we will look at **HOW IS GOD CALLING US TO BE A CHRIST-CENTERED CHURCH IN AUSTRALIA THAT IS Inclusive, Participatory & Synodal?** The Church, founded by Jesus Christ, is a forum of welcome to “The great multitude from every tribe, tongue and nation”. This biblical image invites us to imagine anew the ways in which the diversity of unique gifts can contribute to an organic and authentic common building of the Church. This is especially crucial in Australia, where the Church is manifest in the great multitude of ecclesial expressions from the East and West.

WINTER APPEAL 2020 SVDP.

Donations can be given by way of cash or cheque to East Warrnambool SVDP Society and left at the parish office on Friday morning from 9-12 pm or given to Bryan O'Keeffe at 5 Emma Ave.

“I trust He shall place his holy hand on me and in the stormy seas hold me up from drowning.”

- St Thomas More

Emmanuel College—Young Vinnies are asking for support in their toiletry drive. The need is in Melbourne for smaller items. Toiletries can be left at The College or Presbytery.

Popes Intention for August

The Maritime World

We pray for all those who work and live from the sea, among them sailors, fishermen and their families

Marriage Tip: Kids are one of the joys of marriage (much of the time). But they also tend to take their time off the top of your energy reserve. You aren't married to your kids so don't let them substitute for the intimacy you owe each other.