



## BLESSED BE THESE HANDS:

Blessed be these hands that have touched life.

Blessed be these hands that have felt pain and tiredness.

Blessed be these hands that have lovingly embraced others with compassion.

Blessed be these hands that have been clenched in anger, or been withdrawn in fear.

Blessed be these hands that have drawn blood and administered medicine, written policies, protected patients, made progress notes, and cut through red tape.

Blessed be these hands that have cleaned bodies and beds, and disposed of wastes.

Blessed be these hands that have anointed the sick and suffering, offered blessings and prayers.

Blessed be these hands, some still smooth with youth - some that have grown stiffer with age.

Blessed be these hands that have comforted the dying and held the dead.

Blessed be these hands and all the creativity they engage.

Blessed be these hands, for with them we hold the future.

Blessed be our hands, for they are the work of your hands, O Holy One.

# CARERS WEEK

BISHOPS COMMISSION FOR SOCIAL JUSTICE  
– MISSION AND SERVICE

GPO Box 368

CANBERRA ACT 2601

**T** (02) 6201 9850

**E** [disability@catholic.org.au](mailto:disability@catholic.org.au)

**W** [catholic.org.au](http://catholic.org.au)

