



FOURTH SUNDAY IN ORDINARY TIME

ENTRANCE ANTIPHON

Psalm 105:47

Save us, O Lord our God! And gather us from the nations to give thanks to your holy name, and make it our glory to praise you.

GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

RESPONSORIAL PSALM

Ps 94:1-2, 6-9. R v9

R. If today you hear his voice harden not your hearts

1. Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks, with songs let us hail the Lord **R.**
2. Come in; let us kneel and bend low; let us kneel before the God who made us for he is our God and we the people who belong to his pasture, the flock that is led by his hand. **R.**
3. O that today you would listen to his voice! 'Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.' **R.**

GOSPEL ACCLAMATION

Mark 1:15

Alleluia, alleluia! The people in darkness have seen a great light; a radiant dawn shines on those lost in death. Alleluia!

COMMUNION ANTIPHON

Matthew 5:3-4

Blessed are the poor in spirit, for theirs is the Kingdom of Heaven. Blessed are the meek, for they shall possess the land.

We are a community of communities from the Murray to the sea. Inspired by the Gospel and nourished by the Eucharist, we follow the example of Jesus and guidance of the Holy Spirit, reaching out in joyful and humble service, caring for all God's creation, growing in love by day and looking forward in life with God forever.

Sr Aileen Moloney, R.S.M. has recently celebrated her 70th Anniversary of Religious Profession 24/1/2021 whilst residing now: Rice Village, Marshall (Geelong). Sr Aileen is able to accept our invitation to join us at the 5pm Mass: Tuesday 9th Feb, 2021 to allow family and friends to join in this celebration. A light supper will follow. All Welcome. If intending to attend: Ph. St Mary's: 5231 2177 (Mon- Fri: 8.30 - 12.30pm).

Mass Times

Saturday 9.30am and 6pm

Sunday at 9 am

Allansford at 10.30 am, every 1st, 3rd & 5th Sunday of the Month

Monday—Holy Hour at 10 am

Tuesday to Saturday at 9.30 am

(Please be advised all donations given in Church are to be placed and offered when leaving the Church. Thank-you.)

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord.,

all bow

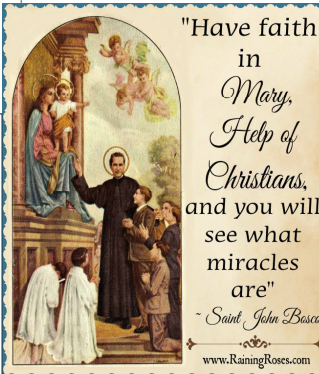
Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

"Make it a practice to judge persons and things in the most favourable light at all times and under all circumstances. St Vincent de Paul



"The two most important days in your life are the day you are born and the day you find out why."

Mark Twain



STAY KIND



Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'



PARISH BULLETIN

4th Sunday in Ordinary Time—31st January 2021

P.P.: Fr Lawrence O'Toole - Phone 5561 1533

olhcwbl@bigpond.net.au www.ballarat.catholic.org.au

OLHC Primary School: Stephen Madden - Phone 5562 5559

www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

"PEACE TO ALL WHO ENTER HERE"

"I AM THE WAY,
THE TRUTH, AND THE LIFE"
JN 14, 18.

Recent Deaths: Madre M Willibrodi OSF, Basil Horan, Ana Rufina, Garry Adams, John Steel, Jhoy Buana, Margaret Surakitt

Anniversaries: Harold McConnell, Jim Bonner, Evelyn Drake, Barry Kelly, Sister Mary Brendan Horan, Brian Crichton, Annie and Edward Howard, Frank Keegan, Matthew McNeil, Lucy O'Toole, Mary Shanley, Fathers Frank Harney and John Kelly, Jean O'Keaffe, Kevin McGrath, David Fraser, Michael White, Kevin Lynch, Francisco Da Costa

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God:

This Week: Dt 18: 15-20 / 1 Cor 7 : 32-35 Mk 1: 21-28

Next Week: Jb 7: 1-4. 6-7 / Mk 1: 29-39

Taking Place This Week:

Today— is the Feast of St John Bosco

Monday—St Brigid & i4Give Day

Tuesday—"The Presentation of the Lord"; World Day for Consecrated Life

Wednesday—St Blaise & Ansgar ; World Cancer Day; Mass for Zone School Principals 6pm

Friday—St Agatha

International Decade of Ocean Science for Sustainable Development 2021-2030.

2021 International Year of Peace and Trust

"Love is a Fruit
always in Season"
Saint Teresa of Calcutta

At Christmas we reflect on the mystery of "God with us" in the person of Jesus, born in one moment of time so that God can be born in every moment of time through us.

Sacrament of First Reconciliation Parents of Children in Grades 2 and 6 who wish to have their children receive this Sacrament are invited to a meeting in the Church on Tuesday 16th Feb at 7pm.

The Sunday Lectionary Readings are from Year B. The Weekday readings are from Year 1. The Liturgical Colour is Green.





"Life in a Whole new Light and Clothed with Power from on High"
Today we welcome with great joy
Elle Brown, Dustan Schneebeli, Gracie O'Connor, Esther Dillon, & Hudson Dillon
Who is being baptised into the family of God, who is Father, Son and Holy Spirit.



Green is the colour of hope and growth

Our Lady Help of Christians East Warrnambool is a Child Safe Parish

ROSTERS We thank you for the wonderful works you do! CHURCH CLEANING: Week commencing 7th February Group 2 P.Jubb, P.Bolte 14th February Group 3 D.Arundell, J.Mahony, H Stoll, A Basford		WE'RE ALL IN THIS TOGETHER	THE LORD'S DAY
Key Quote from Fratelli Tutti (Pope Francis, 4-10-2020) Religious Violence. We believers are challenged to return to our sources, in order to concentrate on what is essential: worship of God and love for our neighbour, lest some of our teachings, taken out of context, end up feeding forms of contempt, hatred, xenophobia or negation of others. The truth is that violence has no basis in our fundamental religious convictions, but only in their distortion		If we love Christ, if we <u>follow him</u> sincerely, if we stop seeking ourselves and <u>seek him alone, then</u> in his name we will be able to <u>give</u> to others, <u>freely, what we have freely received.</u> <i>- St Josemaria Escriva</i>	
The Eucharist . . . Is not a prize for the perfect but a powerful medicine and nourishment for the weak. <i>Evangelii Gaudium (2013)</i>		"A family is an educational system where true learning begins and ends; an economic unit and the challenge of making ends meet in difficult times; a religious institution where members support each other in a school of prayer; a recreation centre where members can relax and enjoy each other's company." <i>Edith Schaeffer</i>	
Prayer of Pope Benedict from Deus Caritas Est <u>Holy Mary, Mother of God, you have given the world its true light, Jesus, your Son—the Son of God. You abandoned yourself completely, to God's call and thus became a wellspring of the goodness which flows forth from him. Show us Jesus. Lead us to him. Teach us to know and love him, so that we too can become capable of true love and be fountains of living water in the midst of a thirsty world.</u> <i>Pope Benedict XVI, 2005</i>		The <u>LITURGY</u> is the <u>summit</u> toward which the activity of the Church is directed; at the same time it is the <u>fount</u> from which all the Church's power flows. SC10	
A Summer Prayer Long warm days . . . The pace of life slows . . . A time for picnics and rest in the shade . . . Lord, help me to rest awhile In the cooling shade of your presence. Slow down my restless heart and fill me with gentle compassion for all your people.		"If you want to see God look attentively at CREATION " <i>Anthony de Mello</i>	 Prayer Focus For all who work in the field of mental health, that they will remain strong as they help deliver the troubled from the issues that burden them.
		Don't underestimate the healing power of these three things . . . Music The Ocean Stars	"God carries us through the storms" <i>Mary MacKillop</i>
 This new school year marks the 50th Anniversary of Our Lady Help of Christians School. Thank Be to God for the Blessings given to and through so many dedicated people. Across Australia this year is being celebrated as the 200th Anniversary of Catholic Education in Australia. Fr John Therry established the first lasting Catholic school in Parramatta in late 1820 or early 1821. The central symbols of the logo are			
<ul style="list-style-type: none"> • The Christian cross—representing the faith dimension of Catholic schools and our mission of service in Christ • The Southern Cross and map of Australia—representing the Great Southern Land of Australia. • Dots are used to connect to the Aboriginal custodians of the land and our Australian heritage • The colours—burnt red and yellow—represents the desert in the heart of the outback, contrasting with the deep blue of the Southern sky and the ocean. 			
Our job is to love others without stopping to inquire whether or not they are worthy. - Thomas Merton		"Together for Life"	

PARISH LIFE—LIFE TO THE FULL OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmarra People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides. WELCOME TO OLHC & ST. CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today. <i>OLHC A Missionary Parish. A joyful, hope filled and servant community</i>		If you wish to give to our <u>Parish Finances</u> via bank transfer: BSB: 06 3533 Acc. No: 0090 3353 Ref: Planned Giving Or, by https://bit.ly/CDFpayWarrnamboolEast <i>All donations are greatly appreciated.</i>
Worth Watching View ABC1 <u>Compass</u> 11am Sundays. " <u>Songs of Praise</u> " Sundays 11.30am on ABC1. If we do not have <u>your email address</u> please forward it to olhcwbl@bigpond.net.au to receive Parish Bulletins.		
Can You Help? The St Vincent de Paul Society's After-School Tutoring Program for primary school aged students will be expanding in 2021 to include a Tuesday session from 3-5pm at Our Lady Help of Christian Primary School and a Wednesday session from 3-5pm St Pius X Primary School. <u>We need volunteers</u> who enjoy working with <u>young people</u> in a fun and engaging learning environment. <u>You do NOT need to be a teacher.</u> More information is available on a flyer in the Parish Foyer. Alternatively, you can contact Rebecca Janes on 0447 156 690, or rebecca.janes@svdp-vic.org.au		
On-Line Lay Pastoral Ministry Program—Registrations now open The Ballarat Diocese, in partnership with Dayton University, offer low-cost study and formation. Subjects include Sacraments, Scripture, Youth Ministry, Liturgy, Leadership and more. More information at www.ballarat.catholic.org.au or email Djurdja.klaris@ballarat.catholic.org.au or ph. 5337 7121.		
Masses at Allansford: Next Sunday & February 6th at 10:30am Sacramental Team Meets on Tuesday at 4pm Mental and Emotional Support Line 1800 965 144		
Keep up to date with <u>news</u> in the Diocese. <u>Register</u> for Diocesan E News enews@ballarat.catholic.org.au		Sacrament of Reconciliation (Confession) Every Friday at 10 am.
FAMILY GROUP You are <u>welcome</u> to join with a small group of Parishioners for a monthly social gathering. See Jan and John Mahony or Father Lawrie.		"Faith is passed on by contact, from one person to another, just as <u>one candle is lit from another.</u> " <i>Pope Francis</i>
Cards Euchre e Solo in Church Foyer on Tuesday 1 pm. All welcome	"Nature is not a place to visit. It is home."	Everyday is a second chance.
The Easter Arts Festival Painting Competition. Merri View Gallery, 4 Coramba Crt, Warrnambool. Entries close March 8th "Reflections of Easter". Free Entry. www.easterartsfestival.com		Popes Intention for January Intention for evangelization - Human fraternity May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.
"Christ has no body on the earth now but yours, no hands but yours; yours are the eyes through which he looks with compassion on the world; yours are the feet with which he walks to do good; yours are the hands with which he blesses all the world." St Teresa of Avila (1515-82)		
Marriage Tip: Perhaps your children are grown and it's just the two of you again. Has your attention to each other grown stale or routine? Take up a new hobby, sport, or volunteer effort together.		