



THIRD SUNDAY OF LENT

ENTRANCE ANTIPHON

Cf Ezekiel 36:23-26

When I prove my holiness among you, I will gather you from all the foreign lands; and I will pour clean water upon you and cleanse you from all your impurities, and I will give you a new spirit, says the Lord.

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

RESPONSORIAL PSALM

Ps 18:8-11. R Jn 6:68

R. Lord, you have the words of everlasting life.

- The law of the Lord is perfect, it revives the soul. The rule of the Lord is to be trusted, it gives wisdom to the simple. **R.**
- The precepts of the Lord are right, they gladden the heart. The command of the Lord is clear, it gives light to the eyes. **R.**
- The fear of the Lord is holy, abiding for ever. The decrees of the Lord are truth and all of them just. **R.**
- They are more to be desired than gold, than the purest of gold and sweeter are they than honey, than honey from the comb. **R.**

GOSPEL ACCLAMATION

John 3:16

Praise to you, Lord Jesus Christ, king of endless glory! God loved the world so much, he gave us his only Son, that all who believe in him might have eternal life. Praise to you, Lord Jesus Christ, king of endless glory!

COMMUNION ANTIPHON

Cf Psalm 83:4-5

The sparrow finds a home, and the swallow a nest for her young; by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, (all bow)

Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



Mass Times

Saturday 9.30am and 6pm

Sunday at 9 am

Allansford at 10.30 am, every 1st, 3rd & 5th

Sunday of the Month

(Monday—Holy Hour at 10 am)

Tuesday to Saturday at 9.30 am

(Please be advised all donations given in Church are to be placed and offered when leaving the Church.)

“Do not be afraid of being fragile but think of Lent as the transformation from ashes to light, from what is leftover to fullness . . . As a time that is not penitential, but alive, not a time of mortification, but as revitalisation. It is the time the seed is in the earth.” . . . Ernes Rondi OSM

“Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts. There is symbolic as well as actual beauty in the migration of the birds, the ebb and flow of the tides, the folded bud ready for the spring. There is something infinitely healing in the repeated refrains of nature . . . The assurance that dawn comes after night, and spring after the winter.” Rachel Carson

Caritas

Olivia, 22, could not read, write or count, and her business was losing money. Then she attended Caritas Australia—supported literacy and numeracy classes, and set up a home classroom to teach her neighbours. Now her classes, business and family are thriving, and she aims to become a pastor and run for local leadership.

We pray for the millions of adults that did not have the opportunity to receive an education. That with our support, they find new opportunities to learn and grow so they can be architects of their development

“In the depths of every heart, love creates bonds and expands existence, for it draws people out of themselves and towards others.” - Pope Francis

“Make it a practice to judge persons and things in the most favourable light at all times and under all circumstances.
St Vincent de Paul

“Aspire not to have more, but to be more.”
- Saint Oscar Romero

STAY KIND



Our Lady Help of Christians Parish
East Warrnambool - Allansford
‘A Star in the East’



PARISH BULLETIN

3rd Sunday of Lent—7th March 2021

P.P.: Fr Lawrence O’Toole - Phone 5561 1533

olhcwbl@bigpond.net.au www.ballarat.catholic.org.au

OLHC Primary School: Stephen Madden - Phone 5562 5559

www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage’s Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

*“I AM THE WAY,
THE TRUTH, AND THE LIFE”*
JN 14, 18.

Recent Deaths: Terry Ryan, Stephen Bayard, Michael Dignan, Terry Abbott, Terry Lynch, Father Chris Warnock, Francisco Guterres, Ian Miller

Anniversaries: Francis Regan

Sacraments: *Baptisms and Marriages* by Appointment please phone 5561 1533

The Word of God:

This Week: Ex 17: 3-7 / Rom 5: 1-2. 5-8 / Jn 4: 5-42

Next Week: 1 Sm 16:1b. 6-7. 10-13a / Eph 5: 8-14 / Jn 9:1-41

Taking Place This Week:

Monday—St John of God, International Women’s Day

Sunday—is Laetare Sunday (Rejoicing)

International Decade of Ocean Science for Sustainable Development
2021-2030.

2021 International Year of Peace and Trust

Congratulations has been extended to our Parish and School from Emmanuel College on the attainment of our School’s Golden Anniversary 3rd March 2021

Do everything for love. Thus there will be no little things: everything will be big. Perseverance in little things for love is heroism.
- St Josemaria Escriva.

“Food for the body is not enough. There must be food for the soul!” (Dorothy Day) What do you do to provide food for your soul?

The Lenten season has a twofold character: It recalls baptism or prepares for it. It stresses a penitential spirit. During Lent, penance should not be only internal and individual but also external and social . . .

The Sunday Lectionary Readings are from Year B. The Weekday readings are from Year 1. The Liturgical Colour is Purple.

Our Lady Help of Christians East Warrnambool is a Child Safe Parish



Everyday is a second chance.

*“Life in a Whole new Light and Clothed with Power from on High”
Today we welcome with great joy
Willia Clifford*

Who is being baptised into the family of God, who is Father, Son and Holy Spirit.



Purple is a colour of preparation and anticipating joy

ROSTERS

We thank you for the wonderful works you do!

CHURCH CLEANING:

Week commencing

7th Mar G6 A Moloney, H Chisholm, J Squires, V Gestopa

14th Mar G1 A Sanderson, D Porter, D Lawler

LITURGY ROSTER

6/7 March 6.00 pm 9 am

Leader/Reader: R&T Treffry G&P Nevill

Ministers: M Mills, F Moloney, J Moorfield L&T Kenny, K O'Leary

S Reimert, J Tankard & C White

Welcomers: G&U O'Toole J Bouwman, C Cooper

13/14 March 6.00p.m. 9 am

Leader/Reader: M Atkinson, C Bolte F&P Torpy

Ministers: T Treffry, D White, D Bartlett, P Bolte, H Goddard, A Sanderson, C Spence

M Bonner, K Bouchier

Welcomers: Walsh/Hargreaves D Duynhoven

If you wish for a copy of the Liturgy Roster, please contact the Parish Office (email: olhcwbl@bigpond.net.au)



The whole Church goes on retreat for the forty days of Lent. Within the ecclesial community two groups embark on their **Lenten journey**: the catechumens who are preparing for the Sacrament of Initiation at **Easter** and those already baptised who are preparing to renew their baptismal identity at the same time. These two groups are intimately connected in this spiritual journey, walking together with the Lord toward the profound joy of **Easter**.

If we love Christ, if we follow him sincerely, if we stop seeking ourselves and seek him alone, then in his name we will be able to give to others, freely, what we have freely received. - St Josemaria Escriva

Sunrise is the reminder that we can start a new beginning from anywhere

Prayer of Pope Benedict from Deus Caritas Est (God Is Love)
Holy Mary, Mother of God, you have given the world its true light, Jesus, your Son—the Son of God. You abandoned yourself completely, to God's call and thus became a wellspring of the goodness which flows forth from him. Show us Jesus. Lead us to him. Teach us to know and love him, so that we too can become capable of true love and be fountains of living water in the midst of a thirsty world.
Pope Benedict XVI, 2005

Daily Prayer

Open the eyes of my heart, O God, to see your Son today.
Open my ears, O God, to hear his holy word.

Open my hands, O God, that through my humble deeds others may experience your coming.

"If you want to see God look attentively at CREATION"
Anthony de Mello



"All One in Christ Jesus"

Prayer Focus

Please pray for All in our Parish who are sick or undergoing medical procedures and treatments.

"You become what you give your attention to."
- Epictetus

Our job is to love others without stopping to inquire whether or not they are worthy. - Thomas Merton

"Together for Life"

Simply Jesus

Reflect. Renew. Recommit.

Dear Jesus,
As I journey through this Lenten time with you, still my mind, fill my heart with your peace, and help me to reflect honestly on my life.

I invite you to renew me: reorientate my thoughts, refresh my spirit, and equip me for service.

Accompany me as I boldly recommit myself to this path of discipleship, and as I witness to your hope and love in my family, my community and the world. Amen.

"The Joy of Love" Pope Francis

The family is the place where parents become their children's first teachers in the faith. They learn this 'trade', passing it down from one person to another.

Get in the habit of asking yourself: "Does this support the life I'm trying to create?"

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST. CARTHAGE

In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

OLHC A Missionary Parish. A joyful, hope filled and servant community

Worth Watching

View ABC1 Compass 11am Sundays. "Songs of Praise" Sundays 11.30am

If we do not have your email address please forward it to olhcwbl@bigpond.net.au to receive Parish Bulletins.



On-Line Lay Pastoral Ministry Program—Registrations now open The Ballarat Diocese, in partnership with Dayton University, offer low-cost study and formation. Subjects include Sacraments, Scripture, Youth Ministry, Liturgy, Leadership and more. More information at www.ballarat.catholic.org.au or email Diurdia.klaris@ballarat.catholic.org.au or ph. 5337 7121.

A Course in "Offering Spiritual Care" (Clinical Pastoral Education). Inquiries to Bernadette@bernadettewurlod.com.au or see Fr Lawrie.

Simply Jesus: An Easter Time Encounter

Featuring Dr Mary Healy (Scripture Professor). To register and receive the Zoom link visit www.trybooking.com/BOVXZ

Keep up to date with news in the Diocese.

Register for **Diocesan E News** enews@ballarat.catholic.org.au

Sacrament of Reconciliation (Confession)

Every Friday at 10 am.



Stations of the Cross
Mondays 10am at OLHC

Fridays 7.30pm at

International Women's Day
Prayer for International Women's Day—8 Mar 2021

*Loving God,
We celebrate your faithfulness and love.
On this day we commit ourselves to the promotion of the full humanity of all women everywhere.
We know that whatever denies, diminishes, or distorts the full humanity of women is not of God.
Help us to be faithful to your call to love. Amen.*

LORD, HELP ME TO LIVE THIS DAY, QUIETLY, EASILY. TO LEAN UPON THY GREAT STRENGTH, TRUSTFULLY, RESTFULLY. TO WAIT FOR THE UNFOLDING OF THY WILL, PATIENTLY, SERENELY. TO MEET OTHERS, PEACEFULLY, JOYOUSLY. TO FACE TOMORROW, CONFIDENTLY, COURAGEOUSLY.
ST FRANCIS OF ASSISI

Emmanuel College
Open Evening for 2022 Year 7s

Wed 17th March.
Information, Twilight-Tours. Expo.
Bookings necessary on www.trybooking.com

LENT

- Catholics are to receive communion in Australia & New Zealand between Ash Wednesday and Trinity Sunday

PASTORAL NOTES

- Lent is a penitential season of prayer, self-denial and helping others. In this way, the whole Church prepares for Easter with those who are to be baptised. In considering the Church as "the home of the word", attention must be first be given to the sacred liturgy, for the liturgy is the privileged setting in which God speaks to us in the midst of our lives; he speaks today to his people, who hear and respond. *Verbum Domini* (2010)

Kindness is spreading sunshine into people's lives regardless of weather
- Raktivist

"It's not how much we give, but how much love we put into giving." - St Mother Teresa of Calcutta

Popes Intention for March

Sacrament of reconciliation

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God

Marriage Tip: Have you ever tried a "tech fast"? For one day resolve not to use any technology - no TV, computer, cell phone, iPod, etc. Use the time you save to pray and to be present to your family.