



FOURTH SUNDAY OF LENT

ENTRANCE ANTIPHON

Cf Isaiah 66:10-11

Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

RESPONSORIAL PSALM

Ps 136. R v.6

R. Let my tongue be silenced, if I ever forget you

- By the rivers of Babylon, there we sat and wept, remembering Zion; on the poplars that grew there we hung our harps. **R.**
- For it was there that they asked us, our captors, for songs, our oppressors, for joy. 'Sing to us,' they said, 'one of Zion's songs.' **R.**
- O how could we sing the song of the Lord on alien soil? If I forget you, Jerusalem, let my right hand wither! **R.**
- O let my tongue cleave to my mouth if I remember you not, if I prize not Jerusalem above all my joys! **R.**

GOSPEL ACCLAMATION

John 8:12

Glory to you, Word of God, Lord Jesus Christ! I am the light of the world, says the Lord; whoever follows me will have the light of life. Glory to you, Word of God, Lord Jesus Christ!

COMMUNION ANTIPHON

Cf Psalm 121: 3-4

Jerusalem is built as a city bonded as one together. It is there that the tribes go up, the tribes of the Lord, to praise the name of the Lord.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord.

(all bow)

Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

"In the depths of every heart, Love creates bonds and expands existence, for it draws people out of themselves and towards others." - Pope Francis



Mass Times

Saturday 9.30am and 6pm

Sunday at 9 am

Allansford at 10.30 am, every 1st, 3rd & 5th

Sunday of the Month

(Monday—Holy Hour at 10 am)

Tuesday to Saturday at 9.30 am

(Please be advised all donations given in Church are to be placed and offered when leaving the Church.)

17TH MARCH 2021— SAINT PATRICK

Born in Roman Britain around the end of the fourth century. Died in Ireland about the middle of the fifth century. Faced hardship as a missionary bishop in Ireland, and opposition even from his friends and fellow Christians. Yet worked to conciliate, to evangelise, and to educate local chieftains and their families. Remembered for his simplicity and pastoral care, for his humble trust in God, and for his fearless preaching of the gospel to those who had enslaved him in his youth. Specially honoured in Australia because of the many Irish people who came to settle here and brought with them the faith and zeal of St Patrick.

"Do not be afraid of being fragile but think of Lent as the transformation from ashes to light, from what is leftover to fullness . . . As a time that is not penitential, but alive, not a time of mortification, but as revitalisation. It is the time the seed is in the earth." - Ernes Rondi OSM

Caritas Arsad, an Indonesian farmer, had no toilet at home and was often sick due to the practice of open defecation. Through Caritas Australia's support, Arsad and his community improved hygiene and sanitation, and funded their own toilets.

We pray for the inspiration and courage to shine the light on global injustices, and to let our own light shine unto others, so that we may be agents of change who bring about the kingdom of God on earth.

"Start by doing what is necessary; then do what's possible; and suddenly you are the impossible." Saint Francis of Assisi

"Make it a practice to judge persons and things in the most favourable light at all times and under all circumstances."
St Vincent de Paul

"Aspire not to have more, but to be more."
- Saint Oscar Romero

STAY KIND



Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'



PARISH BULLETIN

4th Sunday of Lent—14th March 2021

P.P.: Fr Lawrence O'Toole - Phone 5561 1533

olhcwbl@bigpond.net.au www.ballarat.catholic.org.au

OLHC Primary School: Stephen Madden - Phone 5562 5559

www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

*"I AM THE WAY,
THE TRUTH, AND THE LIFE"*
JN 14, 18.

Recent Deaths: Otto Nyawela, Leighton Wraith, Ray Dowd, Vera Barker, Fr Michael O'Callaghan, Joan McCarthy, Miguel Soares

Anniversaries: Robert McKinnon, Bernie Shaw, Helen Atkinson, Sister Helen Foley, John King, Paul Couch

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God:

This Week: 1 Sm 16:1b. 6-7. 10-13a / Eph 5: 8-14 / Jn 9:1-41

Next Week: Ez 37: 12-14 / Rom 8: 8-11 / Jn 11: 1-45

Taking Place This Week:

Today—is Laetare (Rejoicing Sunday) Monday—St Louise de Marillac

Wednesday—is the Feast of St Patrick

Thursday—is the Feast of St Cyril

Friday—is the Feast of St Joseph

Saturday—International Day of Forrests

International Decade of Ocean Science for Sustainable Development 2021-2030.

2021 International Year of Peace and Trust

Everyday is a second chance.

Do everything for love. Thus there will be no little things: everything will be big. Perseverance in little things for love is heroism.
- St Josemaria Escriva.

"Food for the body is not enough. There must be food for the soul" (Dorothy Day) What do you do to provide food for your soul?

The Lenten season has a twofold character: It recalls baptism or prepares for it. It stresses a penitential spirit. During Lent, penance should not be only internal and individual but also external and social . . .

The Sunday Lectionary Readings are from Year B. The Weekday readings are from Year 1. The Liturgical Colour is Purple.

Our Lady Help of Christians East Warrnambool is a Child Safe Parish



"Life in a Whole new Light and Clothed with Power from on High"
Today we welcome with great joy
Rylee Buzagelo & Oliver Drake

Who is being baptised into the family of God, who is Father, Son and Holy Spirit.



Purple is a colour of preparation and anticipating joy

ROSTERS

We thank you for the wonderful works you do!

CHURCH CLEANING:

Week commencing

14th Mar G1 A Sanderson, D Porter, D Lawler

21st Mar G2 P Jubb, P Bolte

LITURGY ROSTER

13/14 March 6.00 pm

9 am

Leader/Reader: M Atkinson, C Bolte

F&P Torpy

Ministers: T Treffy, D White, D Bartlett, P Bolte,

H Goddard, A Sanderson, C Spence

M Bonner, K Bouchier

Welcomers: Walsh/Hargreaves

D Duynhoven

20/21 March 6.00p.m.

9 am

Leader/Reader: M Bugge, C Carvalho

M Wrigley, P Allan

Ministers: R Coffey, J Conheady, M Crichton

C Wrigley, C Swarbrick, T Baker

L Flaherty, D Friebe, B Gladman

Welcomers: D White, D Bartlett

J McCosh, J Zanos

If you wish for a copy of the Liturgy Roster, please contact the Parish Office (email: olhcwbl@bigpond.net.au)



Volunteer Readers welcome for Holy Week.
29 March— 4th April
This includes Palm Sunday, Holy Thursday, Good Friday, Easter Vigil & Easter Sunday



The whole Church goes on retreat for the forty days of Lent. Within the ecclesial community two groups embark on their **Lenten journey:** the catechumens who are **preparing** for the Sacrament of Initiation at **Easter** and those already **baptised** who are preparing to renew their baptismal identity at the same time. These two groups are intimately connected in this spiritual journey, walking together with the Lord toward the profound joy of **Easter**.

If we love Christ, if we follow him sincerely, if we stop seeking ourselves and seek him alone, then in his name we will be able to give to others, freely, what we have freely received. - St Josemaria Escriva

Sunrise is the reminder that we can start a new beginning from anywhere

Prayer of Pope Benedict from Deus Caritas Est (God Is Love)
Holy Mary, Mother of God, you have given the world its **true light, Jesus, your Son**—the Son of God. You abandoned yourself completely, to God’s call and thus became a **wellspring** of the goodness which flows forth from him. **Show us Jesus.** Lead us to him. Teach us to know and love him, so that **we too** can become capable of true love and be **fountains of living water** in the midst of a thirsty world.
Pope Benedict XVI, 2005

Daily Prayer
Open the eyes of my heart, O God, to see your Son today.
Open my ears, O God, to hear his holy word.
Open my hands, O God, that through my humble deeds others may experience your coming.

“If you want to see God look attentively at CREATION”
Anthony de Mello

“You become what you give your attention to.” - Epictetus

Simply Jesus
Reflect. Renew. Recommit.

Dear Jesus,
As I journey through this Lenten time with you, **still my mind**, fill my heart with your peace, and help me to **reflect honestly on my life**.
I invite you to **renew me**: reorientate my thoughts, refresh my spirit, and **equip me** for service.
Accompany me as I boldly recommit myself to this path of discipleship, and as I witness to your hope and love in **my family, my community and the world**. Amen.

LORD, HELP ME TO LIVE THIS DAY, QUIETLY, EASILY. TO LEAN UPON THY GREAT STRENGTH, TRUSTFULLY, RESTFULLY. TO WAIT FOR THE UNFOLDING OF THY WILL, PATIENTLY, SERENELY. TO MEET OTHERS, PEACEFULLY, JOYOUSLY. TO FACE TOMORROW, CONFIDENTLY, COURAGEOUSLY. ST FRANCIS OF ASSISI

Get in the habit of asking yourself: “Does this support the life I’m trying to create?”



Prayer Focus
For artists of every kind, that their creative gifts will help us imagine the new world God is bring to birth.

Our job is to love others without stopping to inquire whether or not they are worthy. - Thomas Merton

“Together for Life”

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST. CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God’s all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

OLHC A Missionary Parish. A joyful, hope filled and servant community

Worth Watching

View ABC1 Compass 11am Sundays. “Songs of Praise” Sundays 11.30am

If we do not have **your email address** please forward it to **olhcwbl@bigpond.net.au** to receive Parish Bulletins. **Mental and Emotional Support Line 1800 965 144**



Keep up to date with **news** in the Diocese.

Register for **Diocesan E News** enews@ballarat.catholic.org.au

Thursday—Reflection at 6pm in the Church for children preparing for the Sacrament of Reconciliation. Please bring your work sheets & books.

Sacrament of Reconciliation (Confession)
Every Friday at 10 am.

Stations of the Cross
Mondays 10am at OLHC
Fridays 7.30pm at St Josephs



St Patrick Prayer

*May the Strength of God pilot us.
May the Power of God preserve us.
May the wisdom of God instruct us.
May the Hand of God protect us.
May the Shield of God defend us.
May the Host of God guard us.
Against the snares of the evil ones.
Against temptation of the world.
May Christ be with us!
May Christ be before us!
May Christ be over all!
May thy Salvation, Lord, Always be ours,
This day, O Lord, and evermore.
Amen.*



An Irish Blessing

*God bless you at the mornings start with a sunny outlook and a happy heart;
God bless you as you work away and make the most of each new day;
God bless you with family and friends and a sense of joy that never ends.*

Emmanuel College
Open Evening for 2022 Year 7s
Wed 17th March. Information, Twilight-Tours. Expo.
Bookings necessary on www.trybooking.com

“All One in Christ Jesus”

LENT

• Catholics are to receive communion in Australia & New Zealand between Ash Wednesday and Trinity Sunday

PASTORAL NOTES

• Lent is a penitential season of prayer, self-denial and helping others. In this way, the whole Church **prepares for Easter** with those who are to be **baptised**. In considering **the Church** as **“the home of the word”**, attention must be first be given to the sacred liturgy, for the liturgy is the privileged setting in which **God speaks to us** in the midst of our lives; he speaks today to his people, who hear and respond. *Verbum Domini* (2010)

Kindness is spreading sunshine into people’s lives regardless of weather
- Raktivist

“It’s not how much we give, but how much love we put into giving.” - St Mother Teresa of Calcutta

Popes Intention for March
Sacrament of reconciliation

Let us pray that we may experience the sacrament of reconciliation with renewed depth, **to taste the infinite mercy of God**

Marriage Tip: In conversation, what’s the difference between being quiet and listening? **Listening** takes effort to really understand your beloved. Being quiet may just mean you’re waiting for a pause to get your own thoughts in.