

18TH SUNDAY IN ORDINARY TIME

ENTRANCE ANTIPHON

Psalm 69:2-6

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay

GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

RESPONSORIAL PSALM

Psalm 77

R. The Lord Lord gave them bread from heaven

- The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. **R.**
- He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. **R.**
- Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand won. **R.**

GOSPEL ACCLAMATION

Matthew 4:4

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

COMMUNION ANTIPHON

Wisdom 16:20

I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, (all bow) Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Mass Times
Saturday 6pm
Sunday at 9 am
Allansford at 10.30 am, every 1st, 3rd & 5th
Sunday of the Month
(Monday—Holy Hour at 10 am)
Tuesday to Saturday at 9.30 am

(Please be advised all donations given in Church are to be placed and offered when leaving the Church. Thank-you.)

Hymns

ENT	Sing A New Song	OV # 80
GIFTS	Come To The Water	CWB # 74
COMM	Eat This Bread	OV # 125
	Taste And See	OV # 88
RECESS	Come To me	OV # 37

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

Maya Angelou

Let me seek then, the gift of silence and solitude,
 Where everything I touch is turned into a
 Prayer: where the sky is my prayer, the birds
 Are my prayer, the wind in the trees is my prayer.

THANK YOU, LORD...

- ...for your grace
- ...for your mercy
- ...for your forgiveness
- ...for your protection
- ...for your guidance
- ...for your friendship
- ...for your peace
- ...for your unfailing love
- ...for being my savior

It is not the possession of extraordinary gifts that make extraordinary usefulness, but the dedication of what we have to the service of God.
 (Frederich William Robertson)

"Aspire not to have more, but to be more."
 - Saint Oscar Romero

STAY KIND



**"I AM THE WAY,
 THE TRUTH, AND THE LIFE"**
 JN 14,18.

Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'

PARISH BULLETIN

18th Sunday of Ordinary Time—1st August, 2021

P.P.: Fr Lawrence O'Toole - Phone 5561 1533
olhcwbl@bigpond.net.au www.ballarat.catholic.org.au
 OLHC Primary School: Stephen Madden - Phone 5562 5559
www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

"PEACE TO ALL WHO ENTER HERE"

Recent Deaths: Br Ian Robertson, Arthur Drew

Anniversaries: Joan Sinnott, Sr Dorothy Finnigan

Sacraments: *Baptisms and Marriages* by Appointment please phone 5561 1533

The Word of God:

This Week: Ex 16:2-4, 12-15; Eph 4:17,20-24; Jn 6:24-35

Next Week: 1 Kg 17:8-16; Col 3:12-17; Mt 6:25-34

Masses

Tuesday—Saturday 9.30am
 Saturday 6pm
 Sunday 9am

Masses at Allansford

1st, 3rd & 5th Sundays of the Month, at 10.30 am
 Next Mass at Allansford, 15th August 10.30 am
 (re Assumption of the Blessed Virgin Mary)
 Feasts: Tuesday - St Dominic
 Wednesday - St John Vianney
 Friday - The Transfiguration of the Lord
 Next Sunday: St Mary of the Cross MacKillop

The Eucharist is 'the source and summit of the Christian life'.

The readings from the Word of God are to be LISTENED to REVERENTLY by everyone, for they are an element of the greatest importance in the Liturgy

God our Father, In Jesus your Son You have chosen us to be your children and send us into the world, even today, to witness and proclaim your love, with no other equipment or means than the sheer power of your Word. Flood our hearts with your love and your light, that we may carry them to factory and office, workshop and playground, that they may reach and transform every person. Amen

Partaking in the Eucharist commits us to others, especially the poor, teaching us to pass from the flesh of Christ to the flesh of our brothers and sisters, in whom he waits to be recognised, served, honoured and loved by us. Pope Francis Catechesis on the Mass 2018

The Sunday Lectionary Readings are from Year B. The Weekday readings are from Year 1. The Liturgical Colour is Green

Our Lady Help of Christians East Warrnambool is a Child Safe Parish



A christian person is not someone trying to do something; we are people who have received something; to whom something has happened and who simply cannot keep it to ourselves.
 Peter Marshall

*"Life in a Whole new Light and Clothed with power from on High"
 Today we welcome with great joy*

Charli Rose Hart

Who is being baptised into the family of God, who is father, Son and Holy Spirit.



Green is the colour of hope and growth

ROSTERS

We thank you for the wonderful works you do!

CHURCH CLEANING:

Week commencing

25th July G 2 P Jubb P Bolte

LITURGY ROSTER

24/25 July 6.00pm

Leader/Reader: P & G Nevill

Ministers: P Bolte M Bonner K Bouchier

Welcomers: C McMeel Family

31 July/1 August 6.00pm

Leader/Reader: M & T Harney

Ministers: R Coffey J Conheady M Crichton

Welcomers: Conheady Family

If you wish for a copy of the Liturgy Roster, please contact the Parish Office (email: olhcwbl@bigpond.net.au)

THE LORD'S DAY

9 am

S Smits C Spencer

M & L Tagget H Goddard

C Cooper D Duynhoven

9 am

M Wrigley S Smits

C Wrigley P Allan C Swarbrick

D Duynhoven J McCosh

WE'RE ALL IN THIS TOGETHER

Mary

You are always with the brothers and sisters of your Son.

We entrust ourselves to you in the midst of all that is happening to us.

Help us to protect and look after each other.

Be with those who mourn and those who are sick, those who have lost jobs and hope.

Be with us in our fear and uncertainty. Don't let worry and anxiety overcome us. Be our source of hope.

Lend your strength to all those helping others and those who are caring for the sick.

Help us to end this disease.

Intercede for us with your Son, Jesus Christ, our Lord.

Amen. (Carmelite Fathers)

Holy Mary, Mother of God, you have given the world its true light, Jesus, your Son—the Son of God. You abandoned yourself completely, to God's call and thus became a wellspring of the goodness which flows forth from him. Show us Jesus. Lead us to him. Teach us to know and love him, so that we too can become capable of true love and be fountains of living water in the midst of a thirsty world.



Pope Benedict XVI, 2005

Our job is to love others without stopping to inquire whether or not they are worthy. - Thomas Merton

On Waking

I give thanks for arriving Safely in a new dawn,
For the gift of eyes to see the world,
The gift of mind to feel at home in my life.
The waves of possibility breaking on the shore of dawn,
The harvest of the past that awaits my hunger,
And all the furtherings this new day will bring.

~John O'Donohue

Plenary Council Prayer



Come, Holy Spirit of Pentecost. Come, Holy Spirit of the great South Land. O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council. Give us the grace to see your face in one another and to recognise Jesus, our companion on the road. Give us the courage to tell our stories and to speak boldly of your truth. Give us ears to listen humbly to each other and a discerning heart to hear what you are saying. Lead your Church into a hope-filled future, that we may live the joy of the Gospel. Through Jesus Christ our Lord, bread for the journey from age to age. Amen Our Lady Help of Christians, pray for us. St Mary MacKillop, pray for us. St Carthage, pray for us.

Prayer Focus

For a global change of heart, that the human family be united in gratitude for all the gifts of God.



"All One in Christ Jesus"

"Together for Life"

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST CARTHAGE

In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

Worth Watching: [View ABC1 Compass 11am Sundays](#), "Songs of Praise" Sundays 11.30am

Mass For You at Home on Sundays at 6am on Channel 10

If we don't have [your email address](#) please forward to olhcwbl@bigpond.net.au to receive the Bulletins.

We celebrate Social Justice Sunday on the 29th August. The Australian Bishops' Social Justice Statement, *Cry of the Earth, Cry of the Poor*, invites us to join in responding to Pope Francis' invitation to take a seven-year journey towards total ecological sustainability guided by seven Laudato Si' Goals. The Statement provides theological foundations to ground and inspire our efforts to care for creation while responding to the needs of the disadvantaged and excluded. *More information: ACBC Office for Justice, Ecology and Peace, www.socialjustice.catholic.org.au*

The St Vincent de Paul Winter Appeal has begun. Envelopes are available in the Church Foyer.

Wednesday is 'National Aboriginal & Torres Strait Islander Children's Day'. Proud in Culture - Strong in Spirit.

Cards for the next two weeks will be held at Macey's. Further enquiry Trudy 0417 325 324

When you arise in the morning, think of what a precious privilege it is to be alive, to breathe, to think, to enjoy, to love. *Marcus Aurelius*



In the deep silence, wisdom begins to sing her unending, sunlit, inexpressible song: The private song she speaks to the solitary soul.

Thomas Merton

Keep up to date with [news in the Diocese](#).

Register for [Diocesan E News](#) enews@ballarat.catholic.org.au

Fan the Flame Towards Plenary Assembly October 2021

I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst' Matthew 28:16-20

The ethical and missionary implications of the Eucharist for the Church's communion of faith will always be incomplete while the poor go hungry, for "we cannot properly receive the Bread of Life without sharing bread for life with those in want".

Plenary Council Prayer Campaign: People across the country are invited to participate in the "Fan the Flame" prayer campaign leading up to the first assembly of the Fifth Plenary Council of Australia. The assembly starts on October 3.

The Winter Edition of the "Australian Catholics" is available, compliments of the Parish

If you wish to give to our [Parish Finances](#) via bank transfer:

BSB: 06 3533

Acc. No: 0090 3353

Ref: Planned Giving or, by

<https://bit.ly/CDFpayWarrnamboolEast>

All donations are greatly appreciated.

Don't look back with regret. Look forward with HOPE.

"Find happiness in making others happy"

"All who are led by the Spirit of God are sons and daughters of God" St Paul

Popes Intention for August

Let us pray for the Church, that She may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.