



FIRST SUNDAY OF ADVENT



ENTRANCE ANTIPHON

Cf. Psalm 24; 1-3

To you, I lift up my soul, O my God. In you, I have trusted; let me not be put to shame. Nor let my enemies exult over me; and let none who hope in you be put to shame.

GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

RESPONSORIAL PSALM

Ps 24:4-5, 8-9, 10,14 R v 1

R To you, O Lord, I lift my soul.

1 Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my saviour. **R**

2 The Lord is good and upright. He shows the path to those who stray, he guides the humble in the right path; he teaches his way to the poor. **R**

3 His ways are faithfulness and love for those who keep his covenant and will. The Lord's friendship I s for those who revere him; to them he reveals his covenant. **R**

GOSPEL ACCLAMATION

Psalm 84:8

Alleluia, alleluia!

Lord, show us your mercy and love, and grant us your salvation Alleluia!

COMMUNION ANTIPHON

Psalm 84:13

The Lord will bestow his bounty, and our earth shall yield its increase.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Mass Times

Saturday 6 pm

Sunday at 9 am

Allansford at 10.30 am, every 1st, 3rd & 5th

Sunday of the Month

(Monday - Holy Hour at 10 am)

Tuesday to Saturday at 9.30 am

(Please be advised all donations given in Church are to be placed and offered when leaving the Church Thank you)

Hymns

ENT: O Come O Come Emmanuel OV # 174

GIFTS: Open the Heavens 2OV # 163

COMM: We Are Many Parts OV # 86

Blest Are They OV # 55

RECESS: Christ Be Our Light 2OV # 3

Prayer Focus

We pray for all who are afflicted with fear and anxiety, that they be led by the Spirit into the freedom of the children of God.



REFLECTION

More than ever this year, powerful tides have us in their grip. Preparing for Christmas has a new urgency. Supply chains have been disrupted and deliveries delayed. Shop now! There's excitement at the prospect of local and international travel resuming. A federal election is in the air.

There's so much of 2021 to leave behind so much to get on with. Amid this tumult, against all the odds. Advent invites us to contemplate the God who was, who is and who is to come.

We remember Christ's birth, we attend to the Spirit in our lives, we look forward to God's final word. But remembering and hoping are grounded in the present. It's the quality of our now that counts.

I waited patiently for the Lord; he inclined to me and heard my cry. Psalm 40:1

So much of our life seems to be spent waiting for someone or something - waiting for Christmas, for spring, for graduation, for a sick child to grow healthy, for a green light, for a lonely night to pass, for the movie to begin. Some places are even set aside just for waiting - clinic waiting rooms, train stations, checkout lines.

What do I do while I am waiting? Rather than pace and grow agitated, I try to realise that this waiting time may be a gift to me, a space in my day where I can pause and reflect on my life. When I pay attention, I may hear God knocking on my waiting time and space. My whole life is in fact a waiting time and the world is a waiting place for God to fully enter my life.

Sr Ruth Marlene Fox



Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'



PARISH BULLETIN

1st Sunday of Advent—28th November, 2021

P.P.: Fr Lawrence O'Toole - Phone 5561 1533

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Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

"PEACE TO ALL WHO ENTER HERE"

"I AM THE WAY,
THE TRUTH, AND THE LIFE"
JN 14,18.

Recent Deaths: Bob Hart, Norma O'Loughlin, Tim Boyle, Leelamma Mathew, Carmel McLean, Glen Kelson, Pat Gleeson, Justin Allan

Anniversaries: Nell Braybrook, Frs Woodford & McCunnie

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God: This Week: Jer 33:14-16; 1 Thess 3:12-4:2; Lk 21:25-28, 34-36

Next Week: Baruch 5:1-9; Phil 1:4-6, 8-11; Lk 3:1-6



Waiting in silence, waiting in hope; we are your people, we long for you Lord. God ever with us, Emmanuel, come, Lord Jesus Maranatha



Masses

Tuesday - Saturday 9.30am

Saturday Vigil: 6.00pm

Sunday: 9.00am

Masses at Allansford

1st, 3rd & 5th Sundays of the Month, at 10.30 am

Next Mass at Allansford, 5th December 10.30am

Feasts

Tuesday: St Andrew

Friday: St Francis Xavier

An Early Morning Prayer

I come before you, O Lord. As the sun rises may your hope rise up in me. As the birds sing may your love flow out of me. As the light floods into this new day, may your joy shine through me. I come before you, O Lord and drink in this moment of peace, that I may carry something of your hope, love and joy today in my heart. Amen

A Prayer for World Day of the Poor

God of the Poor, you hear and stand with all who suffer.

Be with us as we seek justice and mercy for the poor in our world today.

Move us to see, hear and respond to the suffering poor in our midst.

Disturb and challenge us to take prophetic action with and for all who are afflicted.

Mould us to move closer and listen deeply to those who need our help and protection.

Empower us to speak out with courage against harm and degradation.

Guide us to build just communities of inclusion and acceptance.

Teach us to walk in your ways so that all can share in your abundance.

Open us to welcome your grace in the faces of people living at the margins.

Send us where we need to go to meet you. We ask this in the name of Jesus Christ, the Lord. Amen

Diocesan Vision Statement

We are a community of communities from the Murray to the sea. Inspired by the Gospel and nourished by the Eucharist, we follow the example of Jesus and the guidance of the Holy Spirit, reaching out in joyful and humble service, caring for all of God's creation, growing in love day by day and looking forward to life with God forever.

The Sunday Lectionary Readings are from Year C. The Weekday readings are from Year 2

Our Lady Help of Christians East Warrnambool is a Child Safe Parish

ROSTERS

We thank you for the wonderful works you do!

CHURCH CLEANING:

Week commencing

5th December Group 3 J Mahony E Walsh

LITURGY ROSTER:

27th/28th Nov	6.00pm	9 am
Leader/Reader:	M & T Harney	M Wrigley A Guterres
Ministers:	J Conheady R Coffey D Bartlett	C Wrigley C Swarbrick P Allan
Welcomers:	Conheady Family	D Duynhoven
4th/5th Dec	6.00pm	9 am
Leader/Reader:	C Bolte M Atkinson	M Leske B Bourke
Ministers:	P Bolte S Jenkins J Tankard	L & T Kenny C Spencer
Welcomers:	P Walsh S Hargreaves	J McCosh

THE LORD'S DAY

WE'RE ALL IN THIS TOGETHER

PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST CARTHAGE

In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

Worth Watching: [View ABC1 Compass 11am Sundays](#). ["Songs of Praise"](#) Sundays 11.30am

Mass For You at Home on Sundays at 6am on [Channel 10](#) WIN TV [Channel 44](#) 11.00am

If we don't have [your email address](#) please forward to olhcwbl@bigpond.net.au to receive the Bulletins.

The Sacrament of Reconciliation: Fridays at 10.00am

[Parish Co-Ordinating Team - Wednesday 7.30pm](#)

[Vaccination Requirements and Mass](#) Our week day Mass of 50, vaccination status not required.

[Saturday 9.30am; 6.00pm and Sunday 9.00am - proof of double vaccination required.](#)

[Baptism](#) Logan Watts, Alyssia Williams and Isla Dowell are baptised into the family of God this weekend. They are welcomed with great joy

[Celebrating 80 Years YCW Movement](#) in Australia: 9th Dec, Mulgrave Country Club. Ph 95824600

[Connect U](#) A volunteer Transport service Monday to Friday Ph:5559 4800

[Ballarat Clergy Support Fund](#) relies on your generosity to enable it to continue supporting our sick and retired priests. You are still able to contribute, by using the special envelope provided, or in an envelope marked 'Ballarat Clergy Support Fund'. Contributions over \$2 are tax-deductible. To date \$750

[Rosters](#) for Readers, Welcomers, Ministers of Communion and Leaders are available. Thank you to Dion.

[St Vincent de Paul East Warrnambool:](#) Columban Calendars \$8 & Christmas Cards 8 for \$3 available

[Concert:](#) Warrnambool Symphony Orchestra performance for the young and young at heart. Friday 17th December 6.30pm at Lighthouse theatre \$5 at Box office or 5559 4999

[Congratulations](#) to the children of our Parish who received the Sacraments of Confirmation and Eucharist over the past week. We are grateful for the help given by Chelsea Swarbrick, Janine Conheady, Laura Mckenzie, Dion Bartlett, John McCarthy, Margaret Lamb, Fr Lawrie and Leon Ryan and our Parish Choir. [St Vincent de Paul Christmas Appeal](#) is running through the four weeks of Advent. Envelopes available

Patience is not the ability to wait, but the ability to keep a good attitude while waiting.

"While earning your DAILY BREAD be sure you SHARE a slice with those less fortunate"

"Coming together is a beginning, staying together is progress, and working together is success"
Henry Ford

The First General Assembly of the Plenary Council

With the closing of this First Assembly, the Plenary Council process now enters a time of prayer, reflection, maturation and development. This will involve continuing reflection by the Members of the Council, and consultation with the wider Church community, as we develop propositions for presentation to the Second Assembly of the Council next July.

9 October 2021

Pope's Prayer for November

Let us pray for the church, that She may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

Do not grow old. No matter how long you live. Never cease to stand like curious children before the great mystery into which we were born.

Albert Einstein

When You Meet someone Deep in Grief

Slip off your needs and set them by the door.
Enter barefoot this darkened chapel
Hollowed by loss hallowed by sorrow
Its grey stone walls and floor.
You, congregation of one
Are here to listen not to sing.
Kneel in the back pew, make no sound,
Let the candles speak.

Please don't give up on being **the good person**. I know it can be so hard at times, feeling taken advantage of, feeling like it's easier to be cold-hearted
But people like you are the gifts to this world and you are so important because only with your help, this world has a chance to be a better place to live in ...

He said, "In the midst of hate, I found there was, within me, an invincible love. In the midst of tears, I found there was, within me, an invincible smile. In the midst of chaos, I found there was, within me, an invincible calm. I realised, through it all, that in the midst of winter, I found there was, within me, an invincible summer. And that makes me happy. For it says that no matter how hard the world pushes against me, within me, there's something stronger - something better, pushing right back". *Albert Camus*



Please check in using the QR code. You can scan the image here or on the posters as you enter.
Thank you

Our job is to love others without stopping to inquire whether or not they are worthy. *Thomas Merton*

Our Parish Vision

"Bringing People together in an atmosphere that is, welcoming nurturing and challenges All to share in the mystery of God's Love"



The biggest difference between money and time:

You always know how much money you have, but you never know how much time you have.

Do not judge by appearances; a rich heart may be under a poor coat. - *Scottish Proverb*

Plenary Council Prayer

Come, Holy Spirit of Pentecost.
Come, Holy Spirit of the great South Land.
O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council.
Give us the grace to see your face in one another and to recognise Jesus, our companion on the road.
Give us the courage to tell our stories and to speak boldly of your truth. Give us ears to listen humbly to each other and a discerning heart to hear what you are saying.
Lead your Church into a hope-filled future, that we may live the joy of the Gospel. Through Jesus Christ our Lord, bread for the journey from age to age. Amen
Our Lady Help of Christians, pray for us. St Mary MacKillop, pray for us. St Carthage, pray for us.

We must always bear in mind that the Eucharist is not something we do. It is not our own commemoration of what Jesus said and did. No, it is precisely an act of Christ! It is Christ who acts there, who is on the altar. It is a gift of Christ, who makes himself present and gathers us around him, to nourish us with his Word and with his life. *Pope Francis*

"The poor are not people 'outside' our communities, but brothers and sisters whose sufferings we should share"
Pope Francis