

ROSTERS: We thank you for the wonderful works you do!

CHURCH CLEANING:

Week commencing

27th March Group 4: B O'Grady J Hales M & J McLean T Woolley

LITURGY ROSTER:

26/27 March	6.00pm	9.00 am
Leader/Reader:	G McMeel J McArdle	C Morriss C Spencer
Ministers:	A Jubb S Reimert D Bartlett	H Goddard P Allan
Welcomers:	S Gardiner D Magugat	D Duynhoven
Gifts:	Sabo Family	P Aberline Family

02/03 April	6.00pm	9 am
Leader/Reader:	M & T Harney	S Smith J O'Brien
Ministers:	S Jenkins L Jenkins G McMeel	M & L Taggart B McLanen
Welcomers:	S Hargreaves P Walsh	J McCosh
Gifts:		J & S Smith Family



We believe that we are all part of one mystical body, the Body of Christ. This is not a metaphor. This body is a living organism, just as real as a physical body. Inside of a physical body, as we know, all parts influence each other, for good and for bad. Our prayers are health-giving enzymes affecting the whole body, particularly the persons and events to which we direct them. This is a doctrine of faith, not wishful thinking. (Ron Rolheiser, OMI)

Morgan Freeman once said:

Self-control is strength. Calmness is mastery. You have to get to a point where your mood doesn't shift based on the insignificant actions of someone else. Don't allow others to control the direction of your life. Don't allow your emotions to overpower your intelligence.

If we look forward to receiving God's mercy, we can never fail to do good so long as we have the strength. For if we share with the poor, out of love for God, whatever he has given to us, we shall receive according to his promise a hundredfold in eternal happiness.

St John of God

Prayer for Ukraine

God of peace and Justice,
We pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow, that your spirit of comfort would draw near to them.
We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear, that you hold them and protect them. We pray in the name of Jesus, the Prince of Peace. Amen

Our Parish Vision
"Bringing People together in an atmosphere that is, welcoming nurturing and challenges All to share in the mystery of God's Love"

Our job is to love others without stopping to inquire whether or not they are worthy -Thomas Merton

FAST THIS LENT

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and have trust in God.
Fast from complaints, contemplate simplicity.
Fast from pressures and be prayerful.
Fast from bitterness; fill your hearts with joy.
Fast from selfishness and be compassionate.
Fast from grudges and be reconciled.
Fast from words; be silent and listen.
Pope Francis

Plenary Council Prayer

Come, Holy Spirit of Pentecost.
Come, Holy Spirit of the great South Land.
O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council.
Give us the grace to see your face in one another and to recognise Jesus, our companion on the road.
Give us the courage to tell our stories and to speak boldly of your truth. Give us ears to listen humbly to each other and a discerning heart to hear what you are saying.
Lead your Church into a hope-filled future, that we may live the joy of the Gospel. Through Jesus Christ our Lord, bread for the journey from age to age.
Amen



PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmarra People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

Worth Watching: View ABC1 Compass 11am Sundays. "Songs of Praise" Sundays 11.30am

Mass For You at Home on Sundays at 6am on Channel 10 WIN TV Channel 44 11.00am

If we don't have **your email address** please forward to olhcwbl@bigpond.net.au to receive the Bulletins.

Morning Tea & Coffee today after 9.00am Mass. Hosts Parish Family Groups.

Mass for the Forgiveness of our Sins: Thursday 7th April at 7.30pm

Baptism We warmly welcome Max Christopher Ryan into God's Family

Sacraments for Children 2022 Reconciliation: April 5th for children in Grade 2 and above.

Confirmation: June 7th for Grade 3 **First Communion:** August 14th (Enq. Janene Conheady or Fr Lawrie)

Stations of the Cross: 10 am OLHC & Friday's at 7:30 pm St Joseph's

Monday Men's Rosary Group 7.00pm (A new Prayer Group) This week at St Joseph's.

The Rosary: is prayed Tuesday to Saturday at 9 am before 9:30 am Mass at OLHC

Compliments of the parish, Autumn edition of Australian Catholics

Volunteers for Holy Week. Please fill in the form in the Foyer

Rosters are available to be picked up by Welcomers, Readers, Special Ministers, Offertory

Emmanuel College Open Evening: This Wednesday 4.00-8.00pm Book at tinyurl.com/2p8x8nwc

Information for the **Permanent Diaconate** Saturday April 2nd 10.00am-11.45am C.T.C 278 Victoria Pde, East Melbourne. 'Come and See' Ph 9412 3357

Accommodation in the heart of Melbourne at the Mary MacKillop Heritage Centre. Contact Kate 99269300

Project Compassion You can help to support people like Rosalie become leaders in their community by making a donation through Project Compassion

Pope Francis Prayer in March

"We pray for Christians facing new bioethical challenges; May they continue to defend the dignity of all human life with prayer and action."

When Prayer becomes your habit, miracles become your lifestyle. Never give up on Prayer, no matter what comes your way.

It is always springtime in the heart that loves God. (St John Vianney)

Not all of us can fast, or undertake arduous journeys in God's service, or give generous alms, but we can all love. All it takes is the sincere desire to do so. (St John Bosco)

"God hasn't Stopped Talking, God talks through the lives of loving People" (Michel Quoist)

Holding a grudge doesn't make you strong; it makes you bitter. Forgiving doesn't make you weak; it sets you free.

Remember then how our fathers worked out their salvation; remember the sufferings through which the Church has grown, and the storms the ship of Peter has weathered because it has Christ on board. (St Thomas Becket)

Why do we only rest in peace? Why don't we live in peace too?

If you wish to give to our **Parish Finances** via bank transfer:

BSB: 063 533
Act No: 0090 3353
Ref: Planned Giving or, by

<https://bit.ly/CDFpayWarrnamboolEast>
All donations are **greatly appreciated.**





4TH SUNDAY OF LENT



ENTRANCE ANTIPHON

Isaiah 66:10-11

Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

PENITENTIAL ACT

I CONFESS TO ALMIGHTY God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

RESPONSORIAL PSALM

Ps 33:2-7

Taste and see the goodness of the Lord

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **R**
2. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. **R**
3. Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. **R**

GOSPEL ACCLAMATION

You must rejoice, my son, for your brother was dead and has come to life; he was lost and is found.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

COMMUNION ANTIPHON

You must rejoice, my son, for your brother was dead and has come to life; he was lost and is found

*"Listen to silence.
It has so much to say."*
Rumi

Mass Times

Saturday: 9:30 am
6 pm
Sunday: 9 am
Allansford: 10:30 am, every 1st, 3rd & 5th Sunday of the Month
10 am Holy Hour
7 pm Men's Rosary (St Joseph's)
Monday:
Tuesday to Saturday: 9:30 am

Hymns

Ent:	Gather Us In	OV # 12
Gifts:	As Gentle As Silence	CWB
Comm:	Taste and See	OV # 88
	Eat This Bread	OV # 125
Recess:	Companions on the Journey	OV # 188

Prayer Focus

For all struggling to survive the brutality of violent aggression, that their terrible suffering will turn hearts of stone to hearts of flesh.



Let me seek, then, the gift of silence, and poverty, and solitude, where everything I touch is turned into a prayer: where the sky is my prayer, the birds are my prayer, the wind in the trees is my prayer, for God is all in all. Thomas Merton

We do not become perfect by the multiplication of exercises, penances, and austerities, but rather by the purity of love with which we do them.

- St Francis de Sales

If then, you are looking for the way by which you should go, take Christ, because he himself is the way.

- St. Thomas Aquinas

Prayer

Loving God,

We thank you for the gift of our lives and for the life of

every person, both near to us and far away.

We thank you for the wonder of all your creation.

Through fasting almsgiving and prayer may this Lent draw us deeper into the warmth and light of God's love.

May we see the world more clearly,

Especially those who are often overlooked.

May we come closer to your heart,

Which you showed through the cross of Jesus.

May we be full of hope for all future generations.

We ask this in Jesus' name

Amen



**"I AM THE WAY,
THE TRUTH, AND THE LIFE"**
JN 14,18.

**Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'**



PARISH BULLETIN

4th Sunday of Lent

27th March, 2022

P.P.: Fr Lawrence O'Toole - Phone 5561 1533
olhcwbl@bigpond.net.au www.ballarat.catholic.org.au
OLHC Primary School: Stephen Madden - Phone 5562 5559
www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

"PEACE TO ALL WHO ENTER HERE"

Recent Deaths: Kevin Hynes, Osorio Verdial

Anniversaries: Thomas Aquino De Sousa, Fr Delahenty, Sr Loreto Foley, Marcelino de Sena Nascimento, Denis Hand, Kevin McDowall, Margaret Daffy

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God: This Week: Joshua: 5:9-12 2 Cor 5:17-21 Lk 15:1-3, 11-32

Next Week: Is 43:16-21 Phil 3:8-14 Jn 8:1-11



Mass times

Tuesday - Saturday 9.30am

Saturday: 9.30am & 6.00pm

Sunday: 9.00am

Mass at Allansford

1st, 3rd & 5th Sundays of the Month, at 10.30am

Next Mass at Allansford: St Carthage's Sunday 3rd April at 10.30am

Daily Marriage Tip: "Forgive and you will be forgiven. Give and gifts will be given to you". Marriage requires each spouse to be generous and to forgive, but also to accept gifts and forgiveness from the other. Pray for these graces today.

For the last week or two Ukraine has dominated the headlines, and rightly so. What's happening there affects the whole world. But without turning away from Ukraine we need to keep in mind that war is raging in other parts of the world that don't make the headlines. South Sudan is racked by war. Elsewhere in Africa, there's the conflict in Ethiopia and Eritrea. And in the Middle East there are the horrors of Yemen and Syria. Afghanistan too is caught in a spiral of violence, with all the human suffering that brings. In all of these situations, it's the weak and vulnerable who suffer most; and each of these wars is a blight on humanity as a whole. Pope Francis has asked us all to join him as he consecrates Russia and Ukraine to the Immaculate Heart of Mary, asking her to silence the guns, the bombs and the missiles. Let's join him in that great prayer for peace, and let's also spare a prayer for the forgotten conflicts of the world. (Archbishop Coleridge)

PROJECT COMPASSION

This year's theme reminds us that what we do today can have an impact *For All Future Generations*.

This message invites us to step up for those who do not have the essential resources they need for their survival, and those whose needs at this time are far beyond ours. By putting compassion into action, we can make a difference today. *For All Future Generations*.

We pray for all those whose access to food and water is insecure. May the whole human family respond generously in creating lasting justice in the distribution of life's necessities. May we respond to opportunities such as those presented by **Project Compassion** this lent to build for all future generations.

The Sunday Lectionary Readings are from Year C. The Weekday readings are from Year 2

Our Lady Help of Christians East Warrnambool is a Child Safe Parish