



EIGHTH SUNDAY IN ORDINARY TIME



ENTRANCE ANTIPHON

Psalm 90:15-16

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

RESPONSORIAL PSALM

Ps 50:3-6, 12-14, 17. R.v.3

Be merciful, O Lord, for we have sinned.

1. Have mercy on me, God, in your kindness. In your compassion blot out my offence. O wash me more and more from my guilt and cleanse me from my sin. **R**

2. My offences truly I know them; my sin is always before me. Against you, you alone have I sinned; what is evil in your sight I have done. **R**

3. A pure heart create for me, O God, put a steadfast spirit within me. Do not cast me away from your presence, nor deprive me of your holy spirit. **R**

4. Give me again the joy of your help; with a spirit of fervour sustain me. O Lord, open my lips and my mouth shall declare your praise. **R**

GOSPEL ACCLAMATION

Matthew 4:4

Alleluia, alleluia!

Praise to you, Lord Jesus Christ, King of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

Alleluia!

COMMUNION ANTIPHON

Matthew 4:4

One does not live by bread alone, but by every word that comes forth from the mouth of God.

PROFESSION OF FAITH

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.
Amen



Mass Times

Saturday: 9:30 am
6 pm
Sunday: 9 am
Allansford: 10:30 am, every 1st, 3rd & 5th Sunday of the Month
Monday: 10 am Holy Hour
7 pm Men's Rosary

Tuesday to Saturday: 9:30 am

Hymns

Ent: Praise to You, Verse 1 & 2 OV # 28
Gifts: Hosea OV # 30
Comm: Song of the Body of Christ OV # 27
Praise to You OV # 28
Recess: Christ be Our Light OV # 2

Prayer Focus

We pray for catechists and communities accompanying candidates for initiation at Easter, that they will communicate the joy of the Gospel.



And when all were silent, for it was beyond man's reach to learn, Peter, leader of the apostles, and chief herald of the church, uttering no refinement of his own, nor persuaded by man's reasoning, but having his mind enlightened by the Father, said to him, "Thou art the Christ." - St Cyril

We do not become perfect by the multiplication of exercises, penances, and austerities, but rather by the purity of love with which we do them. - St Francis de Sales

If then, you are looking for the way by which you should go, take Christ, because he himself is the way. - St. Thomas Aquinas

Prayer

Loving God,

We thank you for the gift of our lives and for the life of every person, both near to us and far away.

We thank you for the wonder of all your creation.

Through fasting almsgiving and prayer may this Lent draw us deeper into the warmth and light of God's love.

May we see the world more clearly,
Especially those who are often overlooked.

May we come closer to your heart,

Which you showed through the cross of Jesus.

May we be full of hope for all future generations.

We ask this in Jesus' name

Amen



"I AM THE WAY,
THE TRUTH, AND THE LIFE"

JN 14,18.

Our Lady Help of Christians Parish
East Warrnambool - Allansford
'A Star in the East'



PARISH BULLETIN

1st Sunday of Lent

6th March, 2022

P.P.: Fr Lawrence O'Toole - Phone 5561 1533
olhcwbl@bigpond.net.au www.ballarat.catholic.org.au
OLHC Primary School: Stephen Madden - Phone 5562 5559
www.olhcwarrnambool.catholic.edu.au

Emmanuel College: Peter Morgan - Phone 5560 0888

St. Carthage's Church—Grauers Rd, Allansford

Child Safety Officer—Dion Bartlett 0458 778 935

"PEACE TO ALL WHO ENTER HERE"

Recent Deaths: Ray McDonough, Eileen Dunn, Father Kevin Mogg, Betty Fitzpatrick.

Anniversaries: Robert McKinnon

Sacraments: Baptisms and Marriages by Appointment please phone 5561 1533

The Word of God: This Week: Deut 26:4-10; Rom 10:8-13; Lk 4:1-13

Next Week: Gen 15:5-18; Phil 3:17-4,1; Lk 9:28-36



Mass times

Tuesday - Saturday 9.30am

Saturday: 9.30am & 6.00pm

Sunday: 9.00am

Mass at Allansford

1st, 3rd & 5th Sundays of the Month, at 10.30am

Next Mass at Allansford: St Carthage's Sunday 20th March at 10.30am

Synod 2021 2023

We want to hear from you!

PARTICIPATION

How do we encourage lay involvement, participation and leadership?

What processes do Catholic communities use to include people in decision making?

How do we form our people to listen, participate and be open to change?

<https://www.catholic.org.au/synodalchurch>

E:ncpr@catholic.org.au

One day you will realise that material things mean nothing. All that matters is the well-being of the people in your life.

- Leon Brown

Daily Marriage Tip: How much sleep you get can affect your mood. Try evaluating your sleep schedules with your spouse, and make getting enough rest a priority.

PROJECT COMPASSION

This year's theme reminds us that what we do today can have an impact *For All Future Generations*.

This message invites us to step up for those who do not have the essential resources they need for their survival, and those whose needs at this time are far beyond ours. By putting compassion into action, we can make a difference today. *For All Future Generations*.

We pray for all those whose access to food and water is insecure. May the whole human family respond generously in creating lasting justice in the distribution of life's necessities. May we respond to opportunities such as those presented by **Project Compassion** this lent to build for all future generations. You can help to improve the lives of children like Anatercia by making a donation through **Project Compassion** boxes and envelopes.

Please take home a Project Compassion box or envelopes.

The Sunday Lectionary Readings are from Year C. The Weekday readings are from Year 2

Our Lady Help of Christians East Warrnambool is a Child Safe Parish

ROSTERS: We thank you for the wonderful works you do!

CHURCH CLEANING:

Week commencing

27th February Group 5: J McCarthy J Carroll S Brown

LITURGY ROSTER:

5/6 March 6.00pm 9.00 am

Leader/Reader: J McArdle, B Gladman	P Franc, T Kenny
Ministers: A Jubb, M Page, B Gladman	M & L Taggert
Welcomers: R & S Zanos	J McCosh

12/13 March 6.00pm 9 am

Leader/Reader: Pam & Gavin Nevill	Sharell Smits, Carlyn Spencer
Ministers: Lenore Jenkins, Marie Bonner	Michael & Louise Taggert, Kathleen O'Leary
Welcomers: Carl McMeel Family	Ces Cooper



Reflection

Alone, hungry and defenceless. That's the image of Jesus conjured up by the story of the temptations. The contest is clear, with just two combatants, Jesus and the tempter. Jesus' only weapon is the word of God and he uses it like a rapier.

By contrast, God's word is but one of the weapons Paul advises the Ephesians to use against the devil's attacks. There's also the buckle of truth, the breastplate of integrity, the shoes of an apostle, the shield of faith and the helmet of salvation (6:10-17)

That's a lot of armour to wear.

We'd be more agile with a handful of sayings from the word of God that we have chosen to guide our daily lives.

Prayer for Ukraine

God of peace and Justice,
We pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow, that your spirit of comfort would draw near to them.
We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions.

Above all, we pray for all your precious children, at risk and in fear,
that you hold them and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen.

Contemplation

"Now that we have learned to fly in the air like birds, and dive in the sea like fish, only one thing remains..... to learn to live on earth like humans."

- George Bernard Shaw

Only someone who make us feel loved for who we are can give peace to our hearts. The Holy Spirit, the love of God, does precisely that.... He comes down "within the heart", as "the soul's most welcome guest."

(Pope Francis, Homily on the Solemnity of Pentecost, 23 May 2021)

Not all of us can fast, or undertake arduous journeys in God's service, or give generous alms, but we can all love. All it takes is the sincere desire to do so.

- St John Bosco

Our Parish Vision

"Bringing People together in an atmosphere that is, welcoming nurturing and challenges All to share in the mystery of God's Love"

Our job is to love others without stopping to inquire
Whether or not they are worthy.

- Thomas Merton

It is easy to love the people far away. It is not always easy to love those close to us. It is easier to give a cup of rice to relieve hunger than to relieve the loneliness and pain of someone unloved in our own home. Bring love into your home for this is where our love for each other must start.

- St Teresa of Kolkata

Plenary Council Prayer

Come, Holy Spirit of Pentecost.
Come, Holy Spirit of the great South Land.
O God, bless and unite all your people in Australia and guide us on the pilgrim way of the Plenary Council.

Give us the grace to see your face in one another and to recognise Jesus, our companion on the road.
Give us the courage to tell our stories and to speak boldly of your truth. Give us ears to listen humbly to each other and a discerning heart to hear what you are saying.
Lead your Church into a hope-filled future, that we may live the joy of the Gospel. Through Jesus Christ our Lord, bread for the journey from age to age.

Amen

Our Lady Help of Christians, pray for us.
St Mary MacKillop, pray for us.
St Carthage, pray for us.



PARISH LIFE—LIFE TO THE FULL

OLHC Community acknowledges and respects the traditional custodians of this land—the Gunditjmara People and other tribes. We deeply respect the Aboriginal Community upon whose land our parish resides.

WELCOME TO OLHC & ST CARTHAGE In imitation of Jesus Christ, we welcome all people to worship and celebrate God's all-inclusive love with us. Whoever you are, wherever you are in your life, we thank you for choosing to be here with us today.

Worth Watching: View ABC1 Compass 11am Sundays. "Songs of Praise" Sundays 11.30am

Mass For You at Home on Sundays at 6am on Channel 10 WIN TV Channel 44 11.00am

If we don't have **your email address** please forward to olhcwbl@bigpond.net.au to receive the Bulletins.

Sacraments for Children 2022 Reconciliation: April 5th for children in Grade 2 and above - Grade 6's on April 6th

Parent Night Tuesday 8th March at 7pm in the Church for the parents of children preparing for the Sacrament of Reconciliation.

Confirmation: June 7th for Grade 3 **First Communion:** August 14th (Enq. Janene Conheady or Fr Lawrie)

Baptisms: We welcome and congratulate Holly Verhaegh, Jacob Stafford, Louella Ryan & Thomas Van Den Brock

Significant Days: Today (Sunday) - Clean Up Australia Day
Tuesday - Feast of St John of God
Wednesday - St Frances of Rome

Stations of the Cross: Monday's at 10 am OLHC & Friday's at 7:30 pm St Joseph's

Monday Men's Rosary Group 7.00pm (A new Prayer Group)

Mass for Eileen Dunn: R.I.P. Tuesday 9:30am

The Rosary: is prayed Tuesday to Saturday at 9 am before 9:30 am Mass at OLHC

Compliments of the parish, Autumn edition of Australian Catholics

Congratulations to School Leaders: Congratulations to School Captains at our Parish School semester 1 - Lucy Rea and Christian Wyse and Vice Captains - Frankie Brightwell and Kaolan Perera; Social Justice Leaders - Frankie Buscombe and Noah Sabo.

Emmanuel College Open Evening: Wednesday 30th March 4-6 pm Booking Essential at tinyurl.com/2p8x8nwc

Pope Francis Prayer in March

"We pray for Christians facing new bioethical challenges; May they continue to defend the dignity of all human life with prayer and action."

Let's walk together....
Synod 2021-2023

"This is what we are called to: unity, communion and the fraternity born of the realisation that all of us are embraced by the one love of God. The Synod offers us the opportunity to become a listening Church and a Church of closeness." (Pope Francis)

The local consultation process for the global Synod on Synodality is open for two more weeks.

Further information:

catholic.org.au/synodalchurch

When Prayer becomes your habit, miracles become your lifestyle. Never give up on Prayer, no matter what comes your way.

It is always springtime in the heart that loves God.

- St John Vianney

If you wish to give to our **Parish Finances** via bank transfer:

BSB: 063 533

Act No: 0090 3353

Ref: Planned Giving or, by

<https://bit.ly/CDFpayWarrnamboolEast>

All donations are **greatly appreciated.**

