

Activity 2

Planting seeds of hope

Step 1. Determine where you can plant seeds (or seedlings)

Some ideas:

- Rejuvenate an old garden bed or build a new one.
- Start a community herb garden.
- Create an indigenous garden and prayer space.
- Restore an unused green space.
- Restore sand dunes or riverbeds.
- Consider if you are planting for food or pollination.

Step 2. Harvest seeds from other plants or purchase new seeds (or seedlings)

Some ideas:

- Consider where you could collect seeds instead of buying seeds.
- Consider the time of year and your climate in addition to where you are planting when choosing your seeds.
- Are there native/indigenous (local to your areas) plant species you could plant?
- Are there any local programs that can assist you to purchase seeds or could you ask your parish community for donations?
- If planting for pollination, use the B&B Highway guides for your climate: hot/arid, warm/humid, cool or temperate.

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Step 3. Plant seeds of hope!

Tips:

- Ensure the soil is good quality or boost the soil quality first.
- Ensure you have all the equipment and seeds ready to go.
- Enjoy!

Step 4. Care for your seeds.

Tips:

- Learn how to care for the seeds and plants once established.
- Have a roster to help water the plants.
- Share with others, the beauty (or produce) your plants provide.

