



Holy Spirit
Parish
Gariwerd

Sunday August 11th, 2024

NINETEENTH SUNDAY IN ORDINARY TIME YEAR B

St Patrick's Stawell, Immaculate Conception Ararat, St Francis of Assisi Landsborough and St Bernard's Lake Bolac form Holy Spirit Parish, Gariwerd. We acknowledge recognise and respect the elders and families of the Barengi Gadjin and Eastern Maar people, the traditional owners of the land on which our parish gathers. We commit ourselves to walking in unity with our First Nations people.

First Reading

1 Kings 19:4-8

A reading from the first book of Kings
Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

Responsorial Psalm

Ps 33:2-9. R. v.9

(R.) Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. (R.)
2. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. (R.)
3. Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. (R.)
4. The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him. (R.)

Second Reading

Ephesians 4:30 – 5:2

A reading from the letter of St Paul to the Ephesians
Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you,

giving himself up in our place as a fragrant offering and a sacrifice to God.

Gospel Acclamation

John 6:51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

Gospel

John 6:41-51

A reading from the gospel according to John.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'



Information – Holy Spirit Parish, Gariwerd

Parish Priest Fr. Andrew Hayes andrew.hayes@ballarat.catholic.org.au
Parish Bulletin Online www.ballarat.catholic.org.au – follow link to parish
Secretary / Child Safe Jill Croxford gariwerd@ballarat.catholic.org.au
Parish Email gariwerd@ballarat.catholic.org.au
Parish Office 304a Barkly St Ararat. Open Thursdays and Fridays 9am – 3pm
Phone 03 5352 5460
Post Box PO BOX 92, Ararat, VIC 3377



Mass Times

Ararat Sunday 8.30am
Stawell Sunday 10.30am
Lake Bolac 1st 3rd 5th Sundays 6.30pm Vigil Sat
Landsborough 2nd 4th Sundays 12.30pm
Glenthompson (Hamilton Parish) 2nd 4th Sundays 8.30am

Readings for next Sunday

18TH Aug 2024
Proverbs 9:1-6/Ephesians 5:15-20/John 6:51-58

Weekday Masses (usual schedule)

Tuesday: 10am Stawell (Check bulletin for occasional changes)
Wednesday: Aged Care
Thursday: 2.30pm Hopkins
Friday: 11am Ararat **held in the Presbytery**(Check bulletin for occasional changes)

Aged Care Roster

1st Wednesday 11.15am Eventide
2nd Wednesday 10am Lowe St
3rd Wednesday 10am Garden View
4th Wednesday 10am ARVillage

Masses in Lake Bolac

The next Masses in Lake Bolac will be Saturdays, August 17 & 31 and then September 14. *Don't be confused. There is no Mass on September 7 - that's not our weekend.*

Recent Death Glenn Anthony North

Anniversaries

Stan Weeks, Robert Steer, Maureen Daly, Anthony Rathgeber 1979, Edward Maddocks 1992, Kenneth McAdie, Pat McDougall, Bruce Atkinson, Kevin Beer, Pat Liston, Maurice Stewart 1976, Edward Rutter 1978, Leo Ryan 1987, Maureen Larkin, Fr Leo McCormick, Rosalia Kolotelo, Lina Daghero, Denise Fromager, Angelo Casso, Mavis Scaletti 2001, Peter Cain, William Oliver, Jan Tutton, Edward Byrne, Lola Lindholm, Danny Pollock, May Lenehan, Pat Liston, Daniel Pollock 2011, Margaret Nunweek 2015, Fr. Brendan Davey, Mavis Larkens 1988, Terence Lannen, Eliza O'Connor, Emma James, Sr Denise Allen C.S.B, Jeff Slatter, Georgiana Davies, Mary Pentney 1974, Beverley Austin, Frances Toner

Lake Bolac Roster

Sat Aug 17th Reader Damian Phillips/ Prayer of Faithful Helen Smith
Sat Aug 31st Reader Leanne Breen/ Prayer of Faithful Jane Higgins
Sat Sept 14th Reader Rosemary Liston / Prayer of Faithful Phillip Meek/Cleaning L Breen

Ararat Roster

Sun 11th Aug Facilitator Peter B / Reader/ Charlie / Euch Min Genara
Sun 18th Aug Facilitator Pat L/ Reader Elizabeth S / Euch Min Marg M
Sun 25th Aug Facilitator C McAdie/ Reader Peter B / Euch Min Marg O

Stawell Roster

Sun Aug 11th S/Minster K Ashton /Reader D O'Donnell/ Offertory J Croton
Sun Aug 18th S/Minster M Maestros /Reader G Madafferi/ Offertory Pascual Family
Sun Aug 25th S/Minster H Potter /Reader M Howard/ Offertory L Habben

CWL Meeting Ararat

Next meeting on Tuesday 13th August 2024 in the presbytery meeting room at 1.30pm. All welcome.

Lake Bolac Shared Tea

There will be a shared tea in Lake Bolac after Mass on Saturday August 31.

Samaritan's Purse Christmas Shoeboxes. – Stawell

If you would like to provide a shoebox of fun for a needy child please contact Robyn Anyon on graeme.anyon@bigpond.com or -0419 133 189 to buy an empty box for \$1 and \$12.50 for the postage of that box to a needy child. Once you have your shoe box you then buy new items to fill it – toys, clothing, hygiene items and school supplies. The filled boxes are then taken to the Stawell Uniting Church Hall on September 27th between 10:30am and 2pm

Liturgy Formation at East Wimmera Parish – Sunday, August 18, 2024

The Diocesan Liturgical Commission is hosting a Liturgy Formation Session at St Mary's Church, Donald on Sunday, August 18, 2024. Bishop Paul will celebrate Mass at 10.30am with the formation program beginning at 12.30pm on the topics of Formation for Extraordinary Ministers of Holy Communion and Formation for Lectors. All welcome to attend. Registrations are now open - scan or click on the QR code or go to the diocesan website to register <https://www.ballarat.catholic.org.au/pnews/liturgy-formation-at-donald-sunday-august-18-2024/>



Launch of the ACBC Social Justice Statement 2024-2025

The 2024-2025 Social Justice Statement, "Truth and Peace: A Gospel Word in a Violent World" will be launched by Bishop Vincent Lond OFM CONV and Associate Professor Joel Hodge on Tuesday, August 20, 2024 at Our Lady Queen of Peace Parish 198 Old Prospect Rd, Greystanes, St Paul's Catholic College Sports Hall from 10.00 – 12.00noon. To attend the launch please RSVP at <https://rb.gy/ewt929>. Recordings of the launch will be available following the event.



Diocesan Social Justice Commission Reflection Day – Saturday, September 7, 2024

The Ballarat Diocesan Social Justice Commission invite all to a Reflection Day, in celebration of the launch of the Australian Catholic Bishops' Social Justice Statement 2024-2025, "Truth and Peace: A Gospel Word in a Violent World" on Saturday, September 7, 2024 from 10.00am - 2.30pm at Ss Michael and John's Horsham Parish Centre. Facilitator for the day is writer and educator, Michael McGirr. Registrations are essential through trybooking. Scan or click the QR code. A flyer is available from the diocesan website <https://www.ballarat.catholic.org.au/ballarat-diocesan-social-justice-commission-reflection-day-with-michael-mcgirr-saturday-september-7-2024/>.

Catholic Earthcare to host Season of Creation workshop in September

Caritas Australia's Catholic Earthcare team is inviting the Catholic community – including schools, parishes, diocese, organisations and religious orders – to join its 2024 Season of Creation convocation. Taking place from Thursday, September 12 to Saturday, September 14, the convocation will call participants to 'Wonder', 'Weave' and 'Heal' together. Attendees will enjoy keynote presentations, workshops, discussions and spiritual experiences, before gathering to transform learnings into action. Keynote speakers include Sr Anne-Maree O'Beirne RSM, Pedro Walpole and Sally Neaves. More information is available from the diocesan website <https://www.ballarat.catholic.org.au/catholic-earthcare-to-host-season-of-creation-workshop-in-september/>

St Vincent de Paul Society Winter Appeal

The theme of the appeal this year is the "Working Homeless", focussing on the emerging trend of people who are experiencing housing hardship and disadvantage despite being in employment. For the period between May 2023 – May 2024, St Vincent de Paul provided material household assistance to the value of \$730,000 across greater Ballarat. Envelopes are available in churches for donations and can be placed on the collection plate. Please write your name and address if you require a receipt. All donations over \$2.00 are tax deductible. To donate online, go to www.vinnies.org.au or call 131812.

ACU Big Sing for a Big Cause - August 25, 2024

The Australian Catholic University, in partnership with St Patrick's Cathedral (Melbourne) and St Patrick's College (Ballarat) is hosting "Big Sing for a Big Cause", which will see singers, choirs and instrumentalists combine for a special performance, raising funds for those affected by homelessness. The concerts will be in Ballarat and Melbourne, performing Street Requiem, a piece co-composed by Dr Kathleen McGuire, a renowned composer and ACU senior lecturer in Music Education. Donations will be raised for Peplow House (a ministry of CatholicCare Victoria) and ACU's Urgent Financial Hardship Grant. For more information go to <https://www.ballarat.catholic.org.au/acus-big-sing-for-a-big-cause/>



REFLECTION by Fr Michael Tate - Enwombed in the Maternal Christ

Your mother and my mother, carrying her baby in the womb for nine months, effectively said: 'Take, eat, this is my body.' A mother able to breastfeed continues this communion as she offers her body to give life to her child. Our Lord Jesus Christ adopts maternal language to express his deepest desire for us! He gives us his risen and glorified Humanity: 'Take, eat, this is my body', and a sort of life-giving mutual indwelling occurs: 'Those who eat my flesh and drink my blood abide in me and I in them.' This is as intimate as a baby dwelling in the womb of its mother. As St Paul put it in a different context, 'In Him we live and move and have our being.' The Saviour of the World, the Conqueror of Death, dwells in my body and I dwell in his glorified body. This gives us 'eternal life' which is not something which begins after death, but is simply a label for Our Lord's Divinehuman life which we can share right now. However, because it is the life of the Conqueror of Death it will certainly impel us beyond the grave: 'The one who eats this bread will live *forever*.' We could take a moment to pray to more fervently realise and take advantage of the fact that, at every Mass, we can respond to the invitation to come forward to Holy Communion so as to be enwombed in the maternal Christ.

REFLECTION by Dianne Bergant CSA

There are times God seems to ask too much of us. We labour for others, but do not see the fruits of our labour. Our families take us for granted, and

we are exploited at work. This is particularly trying when we only wanted to be of service to others, to help them wherever we could. What's the point of giving of oneself when it only seems to be futile? In this we are like Elijah. There are other times when we are challenged to change our way of thinking and to accept what seems to make extraordinary demands on us. A new way of understanding church may call us to be open to the cultural diversity within the community. Or it might claim that we have a responsibility toward the poor and homeless in our midst. New biblical insights make us question our familiar understanding of God or of Jesus or of ourselves. In this we might be like the Jews who murmured against Jesus. We want evidence to substantiate these radical new claims. But the evidence that Jesus offered could only be accepted in faith. And so it is with us. When we ask God for some kind of sign that will assure us that this new challenge is really what God wants, the answers received must themselves be accepted and understood in faith. The only assurance we have is rooted in faith, and those who are not open in faith will not understand. God does indeed ask a great deal from us.

Lectionary Art and Reflection by Jenny Close Reflection by Artist

In this week's gospel Jesus refers to himself as the 'bread that came down from heaven'. His role here is not only to nourish and sustain but also to sacrifice himself: 'The bread that I will give for the life of the world is my flesh.' The shadow of the cross hangs over this statement.

REFLECTION FOR YOUNG PEOPLE – by Lisa-Marie Calderone-Stewart

Elijah is exhausted and ready to give up. He asks God to take his life. Have you ever felt that way? If so, what were the stresses and pressures that led you to that point? How did you get through it? If not, do you know anyone who has felt that way? Can you imagine being in that situation? What would you do? Elijah doesn't want to take care of himself. He just wants to die. But an angel tells him to take care of his bodily needs or he won't have the strength he needs for the journey ahead. Do you take good care of yourself? If so, how? If not, why not? Do your parents ever encourage you to take better care of yourself? What do they tell you? Does it make sense? Do you follow their advice? Why or why not? God has big plans for Elijah, who already has done so much work telling people about God. And God is there for Elijah, helping him out when he doesn't know what to do or where to go. Do you think God has big plans for you? Why or why not? What might God's plans be for you? What are your plans? Do you think your plans will ever get in the way of God's plans? Do you think God's plans could ever get in the way of your plans? Why or why not? How can someone figure out what plans God has in mind for their life?

