

SEEKING SUPPORT?

If you are distressed or wish to speak with someone about any issue relating to sexual abuse, you can contact:

Lifeline

Ph: 13 11 14

The Police through any Police Station or through CrimeStoppers

Ph: 1800 333 000

Victims of Crime

Ph: 1800 819 817

SEEKING SUPPORT?

**CASA - Centres Against
Sexual Assault**

CASA Crisis Line:

Ph: 1800 806 292

**Ballarat Centre Against
Sexual Assault**

Ph: 5320 3933

Mallee Sexual Assault Unit

Ph: 5025 5400

**South Western Centre
Against Sexual Assault**

Ph: 5564 4144



Towards Healing
Catholic Diocese of Ballarat
Ph: 1800 816 030

Counselling Service:
Relationships Australia
Ph: 1800 052 674
Relationships Australia
through the Reclaim
program provides free
comprehensive support for
survivors of institutional
child sexual abuse and
others who engage in or
are affected by the Royal
Commission.

***Catholic Diocese of
Ballarat***

Bishop's Office

Ph: 5337 7121

www.ballarat.catholic.org.au

